

# *Curriculum Vitae of*

# **Dalal Hamad S Al-Shael**

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## **PERSONAL DATA**

- Nationality: Saudi
- Date of birth: 29<sup>th</sup> October 1990
- Place of birth:, Saudi Arabia, Riyadh
- Age: 24 years old
- Marital state: single

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## **OBJECTIVE**

A postgraduate nurse who is seeking to improve knowledge, skills and attitude under program of nursing college. To reach the maximum academic teaching by continuing my education and specialty as master and PHD to achieve my target. Also increase information and awareness of the importance of nursing in Saudi Arabia. To change beliefs for improving the image of nursing.

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## **EDUCATION**

- **2008-2009** : Secondary School, Riyadh, Saudi Arabia. Graduated with an average **98.45%**.
- **2012:** King Saud University, college of Nursing , GPA **4.81** out of **5(with first class honor)**.
- **2012-2013:** Nursing intern at KFSH&RC .

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## CLINICAL TRAINING

1. 12 weeks under training in King Faisal Specialist Hospital in ( <i>Medical &amp; Surgical ward</i> ).
2. 12 weeks under training in King Saud Medical City Hospital in ( <i>ICU ward</i> ).
3. 1 month under training in King Khalid University Hospital ( <i>Gynecology ward</i> ).
4. 6 weeks under training in King Saud Medical City Hospital in ( <i>Pediatric ward</i> ).
5. 6 weeks under training in Riyadh Military Hospital in ( <i>Maternity ward</i> ).
6. 12 weeks under training in ( <i>Solaimanya Center</i> ). (primary health care).
7. 6 weeks under training in king Fahad Medical City Hospital in ( <i>Emergency Department</i> ).
8. 7 weeks under training in King Khalid University Hospital for ( <i>Mental Health</i> ).
9. 6 weeks visits to the Centers of the Disabled, the Elderly and Schools for ( <i>community course</i> ).
10. 7 weeks under training in king Fahad Medical City ( <i>Management course</i> ).

## COURSES AND SYMPOSIA

- BLS on 2012 and 2013.
- BLS on 2013 and 2015.
- 48 hours of English as a Second Language (ESL) (Des,2012).
- Hand Hygiene ( 31-1-2013).
- Management Of Diabetes (28-2-2013).
- 48 hours of English as a Second Language (ESL) (Mar,2013).
- Attended following symposia:
  - 26<sup>th</sup> Annual Nursing Symposium "Advances in Nursing Practice and Patient Safety" (9-10-2010).
  - 7<sup>th</sup> Nursing Symposium (23-4-2011).
  - Research And Project's Day For SNL & MP 2012.
  - (SICOT ) Saudi International Congress On New Frontiers In Organ Transplantation (18-2-2013).
    - 2<sup>nd</sup> Regional Symposium (Developmental and Behavioral Pediatrics) (29<sup>th</sup>-30<sup>th</sup>) Of October 2014.
    - Diabetes World Day Symposium (November 27,2014).
    - Assessment of learning outcomes (11-12/11/2014).
    - Micro Teaching (9/11/2014).

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## **PERSONALITY**

- Sociable.
- Punctual & dedicated to work.
- Having Adequate Communication skills.
- Motivated for self improvement and accepting criticizing.
- Listening and understanding others.

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## **SKILLS & INTERESTS**

- Good computer experience in Microsoft Office applications and Internet.
  - Hobbies include: Travel , swimming, photography, cooking & puzzle games.
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## OTHER INFORMATION

- Won in third place of five in the Dean's List for outstanding students(2011).
  - Contribution in Student Activities Of The Faculty Of Nursing (2011).
  - Succeed with certificate of excellence in third place the first of five of Nursing College (2012).
  - Was nominated for an interview of the German delegation including for Academic Accreditation of the College (2012).
  - Research and questionnaire for osteoporosis and results with Dr. Salma Moawad.
  - Research and questionnaire about menopause and results with Dr. Fatima Badar.
  - Participating in raising Awareness of Women's Health at KFSH&RC (2012).
  - Participating in mental health day.
  - My name is chosen for displayed in the exhibition symposium (Women's Higher Education Symposium :Growth to Competition)(2013).
  - Won in the Dean's List for outstanding students (2013).
  - Participating in Hand Hygiene Awareness Week (2013).
  - I Got the Best Knowledge Nurse Intern Phase 1.
  - Get many appraisal& award during the school phase.
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