# Education

## Notre Dame de Namur University, California 09/2015-present

## PhD in Art therapy

## New York University, New York 05/2013

***Master of Art Therapy***

## KING SAUD UNIVERSITY, Riyadh, Saudi Arabia 08/2007

***Master of Art Education***

## KING SAUD UNIVERSITY, Riyadh, Saudi Arabia 02/2004

***Bachelor’s Degree in Art Education***

# Professional Experience

## Lecturer 2007- Present

King Saud University, Art Education Department, Riyadh, Saudi Arabia

**Art Therapy Intern**  **12/2012- 5/2013**

Morristown Medical Center, Crisis Intervention, Morristown, NJ

## Art Therapy Intern 10/2011–12/2012

Alzheimer's Center, Lenox Hill Neighborhood House, Social Adult Day Program, New York, NY

## Art Therapy Intern 09/2011–12/2012

New Jersey Foundation for the Blind, Denville, NJ

## Art Therapy Intern 01/2011-05/2011

Maimonides Medical Center, Psychiatric Services, Brooklyn, NY

**Art Therapy Intern** **09/2010- 12/2010**

Metropolitan Hospital Center, Psychiatric Services, New York, NY

## Co-Director 04/2004–04/2007

Rehabilitative Art Therapy Center, Riyadh, Saudi Arabia

## Modeler 03/2004–06/2004

Saudi Ceramic Co, Riyadh, Saudi Arabia

# Art Exhibitions

## King Saud University, Riyadh, Saudi Arabia 04/2007

## Art Education Department Exhibition

## Ministry of Youth, Khartoum, Sudan 02/2005

## Arab Youth arts

## Department of Culture and Information, Sharjah, Emirates 11/2004

## Art Exhibition

## School of Communications and Electronics, Riyadh, Saudi Arabia 01/2000

## Art Exhibition

## Department of Education, Qassim, Saudi Arabia 08/1999

## Individual Art Exhibition

# Research Activities

***Thesis***

*Alfahed, F. (2013) Therapeutic Benefits for a Man with Alzheimer’s disease With Depressed Mood. Unpublished MA thesis. New York University.*

*Alfahed, F. (2007) The Effect of Art as Therapy in the Rehabilitation of Spinal Cord Injuries at King Fahad Medical City. Unpublished MA thesis. King Saud University.*

***Presentations***

*Alfahed, F. (2011, November). Decrease Depression Symptoms through Art for a Blind Woman. NJFFB New Jersey Foundation for the Blind, Denville, NJ, US*

*Anderson, C. , Mccoy, E. , Jaworek, J. , AlFahed, F. , Hill, A. Miller, S. , Shideler, K. & Tassiello, J.(2013, Apr). Building Innovative Treatment Programs in Overcrowded ED’s One Hospital’s Experiences. NewYork University, NY, US*

***Workshops***

*Alfahed, F. & Alyami, A (2014), Art therapy assessments, Alamal complex for mental health, Riyadh, KSA.*

*Alfahed, F. & Bashan, R. (2015), 3D Pen Applications with Art Therapy Groups: Therapeutic Goals, Theory, and Methods. the American Art Therapy Association, the 48th Annual Conference. Minnepolis, MN. US.*

# Community Service

## *Art Therapy Volunteer* 01/2006–11/2007

Medical Rehabilitation Hospital, King Fahad Medical City, Riyadh. Saudi Arabia

# Professional Development

## Laugh Therapy for Mental Health Professionals 04/2013

Art Therapy Department at the School of Visual Arts, New York city

By: K, wood. J, and Ellis .K.

## Understand Addiction as Self-Medication Conference 04/2013

PPSC, New York city

By: Khantzian, E.

## Unconscious Beliefs about the Couple 04/2013

CFS-NY Scientific Program, New York City

By: Morgan, M

## Art therapy training 12/2002

Rehabilitative Art Therapy Center, Riyadh

By: Alyami, A.

# Memberships

**American Art Therapy Association 05/2012-present**