

Name
St. no.()

☐ Q1. After studying this course, how you will use nutritional assessment in the nutrition care process (application in the hospital)? (2 marks)

☐ Q2. what is the subjective global assessment (SGA)? And what are the elements for patient's history and physical examination in SGA? (5 marks)

Q3. Mark the following sentence with true or false: (2marks)

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- a. Clinical observation is a very sensitive approach in nutritional assessment ().
- b. Nutritional assessment of an adult must not include more than one evaluation method ().
- c. Food record is a prospective tool & the amounts recorded either estimated or weighed ().
- d. Marasmus is characterized by a relatively normal weight, intact skeletal musculature, and decreased concentrations of serum proteins ().

Q4. Put a tick beside the case(s) that need an urgent action/intervention: (2 marks):

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• Child who does not gain weight for two months.	—
• Child whose anthropometric measurements are less than 10% but parallel to the reference lines.	—
• Child whose anthropometric measurements had crossed two percentile lines downwards.	—
• An adult who loss weight of 6 to 7 Kg unintended within a month (even without calculating BMI).	—
• High BMI (39kg/m ²) in pregnant women.	—

Q5. Recommend a method(s) for the following; justify the choice: (2 marks)

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- a. Evaluate the agriculture policy of your country.

- b. Accurate nutrient intake assessment of a subject.

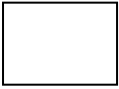
Q.6




Fahada is a nine months girl complain of chronic diarrhea and acute vomiting, she's current weight = 7.3kg, length = 70.5cm, head circumference = 45cm. (2 marks)

- Interpret these measurements.
- What is the normal weight for Fahada's age.

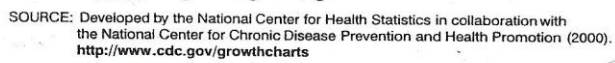
Q.7 Design a food frequency questionnaire to assess the caffeine intake among hi-school children in Jeddah city.(2 marks)

Q8: Assess Sara Clinically and biochemically. (3 marks)



RECORD



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