Hypothesis Testing



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The US criminal court system

- Assume innocence until "proven" guilty
- Evidence is presented at a trial
- Proof has to be "beyond a reasonable doubt"
- A jury's possible decision:
 >guilty
 >not guilty
 >"innocent"....?



Can juries make mistakes?

- Type I error: if a person is really innocent, but the jury decides guilty, then they've sent an innocent person to jail
- **Type II error:** if a person is really guilty, but the jury finds not guilty, a criminal is walking free on the streets
- Type I error is considered more important than a Type II error

Justice System - Trial

Defendant Innocent Defendant Guilty

<u>Guilty Verdict:</u> Reject presumption of innocence

Not Guilty Verdict:

Fail to reject presumption of innocence Type I ErrorCorrectCorrectType II Error

• Type I error: false alarm











Science hypotheses

 In science: we disprove unsatisfactory hypotheses
 propose & test new hypothesis

 In statistics: we start with a *null* hypothesis which we *assume* is correct _________
 our goal is to reject the null in favor of the *alternative* hypothesis

Hypotheses

- *Null Hypothesis (H_o)* = what we're trying to disprove
- Alternate Hypothesis (H_A) = what we think might really be going on
- Test:
 - Can we reject H_o in favor of H_A ?
- Decisions:
 - Reject
 - Fail to reject
- Errors:
 - Type I: Reject H_o when H_o is really true.
 - Type II: Fail to reject H_o when H_o is really false.

How do we reject or accept H_o?

- Decide the appropriate test statistic to use
- Set up the rejection region
- Calculate the test statistic
- Draw your conclusion: reject or fail to reject
- Interpret your results

Types of Error

- Type I (alpha error) = p-value:
 - Probability of rejecting H_o when it is correct
 - Probability that your results occurred by chance alone
- Type II (beta error):

- Probability of accepting $H_{\rm o}$ when is not correct - Probability of missing a true difference

Reporting the p-value

P > 0.05 — fail to reject H_o
 (no effect / no difference / no relationship?)

P < 0.05 — reject H_o
 (how big or how small is the effect?)

Reporting the p-value

null hypothesis = that there is no effect

• The effect is seldom zero

• Estimate the magnitude of the effect

✓ Confidence Intervals

Test of significance

- Strength of evidence against null hypothesis
- P < .05 Statistically Significant
- P > .05 Statistically not Significant
- Clinical vs statistical significance

Significance



Confidence Intervals (CI)

- Quantitative benefit of the intervention
- 95% CI: confident true value lie between point estimate
- statistical precision
- 95% chance the interval includes the true effect size
- 5% fall outside these limit

Statistical significance & confidence intervals





As the sample size increase, the CI decrease

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Astrophysics made simple



• We muddle through life making choices based on incomplete information

• Statistics help us quantify uncertainty



 applied mathematics and rules of probability which allow researchers to make sense of their data

Types of statistics

Descriptive statistics:

Describe the data and its distribution

Inferential statistics:

- Generalize data
- Infer cause & effect
- Test group differences

Statistics

• **Descriptive:** summarization, organization, classification and tabulation

•Analytic: making estimate, conclusion and decision



Where do hypotheses come from?

- Casual observation in the clinical setting

 Not all techniques used in the clinics are based on facts
- Theory testing
 Theory = guess
 - Most therapeutic approaches are based on theory, and therefore must be tested scientifically

Where do hypotheses come from?

Reading and analyzing the literature in a specific area of interest

Contradictory research findings

Hypothesis generating studies

Hypothesis testing studies



Research purposes

1. Description of a phenomenon (descriptive research)

2. Analysis of relationships

3. Analysis of difference between groups or treatments

Example

 Topic: functional recovery after total knee replacement (TKR)



Descriptive (observational) study

Purpose:

1. To *describe* the functional status of patients at various intervals after TKR

(case-report, case-series, cross-sectional)

Descriptive (observational) study

Purpose:

 To examine the *relationship* between preoperative factors (gait velocity, quadriceps strength) and functional status at intervals after TKR

Experimental (intervention) study

Purpose:

 To examine the *differences* in functional recovery between a group of patients who received individualized postoperative exercise program versus another group who participated in a group exercise program Descriptive statistics

•Mean: sum of variables / number of variables •Median: average (50% above & 50% below) •Mode: most frequent occurring value •Range: from lowest to highest •5D: average difference from the mean

The normal distribution

 A symmetric frequency distribution (bellshaped curve) that can be defined by the mean and standard deviation

The distribution is symmetric around the mean



Types of statistical tests

Parametric statistics:

To describe normally distributed dataFor continuous variable

Non-parametric statistics:

- When the distribution is not-symmetrical or unknown
- For nominal or ordinal data



Correlation

• How closely do two factors follow each other? (e.g., height and weight)

 Does not assume cause-and-effect relationship



Linear Regression

Can height predict weight? weight = a + b (height)

 We can calculate the significance of b (is b significantly different from zero)

Multiple Linear Regression

• Weight = **a** + **b** (height) + **c** (calories)

 Can calculate the significance of any of a, b, c,etc.

Logistic Regression

 Used to determine the effect of a variable on a binominal outcome (e.g., dead or alive)

Compare means

• Unpaired T-test:

To compare two independent groups

• Paired T-test:

- Uses before and after data
- Less variability -

easier to achieve significance

Compare means

• If > 2 groups:

Analysis of Variance (ANOVA):

- Tells you if more than 2 groups are different
- $-H_{o}$: all the means are equal
 - H₁: not all the means are equal
- Compares variances within groups to variances between groups (F-value)
- It does not tell you which group is different!

Compare means

Multiple Analysis of Variance (MANOVA):

 Used to determine not only that there are differences between the means, but what differences are significant

Differences between groups

Normal distribution:

Compare the means

Not-normal distribution: Compare the median

Non-parametric statistics

Ordinal data:

- Wilcoxon signed rank test

• Proportions:

- Chi-square test
- Fisher's exact test

Sample size

• Number of participants needed to detect difference between the groups

•How large? Every body? 100 - 200 patients?

• Too large: costly, longer time, unnecessary patients.



= probability of finding a true difference (1-Beta)



- "Statistically Significant"
 - -P < 0.05

- Zero lies outside the confidence interval.

• Examples: four correlations for samples of size 20.





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"It's an experimental procedure. Every time you blow your nose, you'll clear out your arteries!"