

Ibtesam Omar Jahlan

Contact Information:

Saudi Arabia: Exit 27, Namar, Riyadh

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Personal Information:

1. Marital status is married for 10 years
2. Have four children

Education

1. Bachelor of General Nursing 2006

- a. Finished the first two years in King Abdul-Aziz University (Jeddah)
- b. Transferred to King Saud University (Riyadh) and **successfully finish the course with an overall Excellent grade and GP of 4.80 out of 5.00 with first class honor**

2. Master of Clinical Midwifery 2010

- a. Started the degree in March 2009 in Monash University
- b. The degree combined course work and minor thesis
- c. Qualified with Master of Clinical Midwifery degree in July 2010 with **distinction results and G.P of 3.7 out of 4.00**

1. PhD of Midwifery 2016

- a. Started in October 2011 in Monash University, and finished in 2016.

Achievements and Awards

1. Awarded First Class Honour from King Saud University 2006
2. Internet-based Tofel Exam by score of (80), 03-MAR-2007
3. International Ilets English exam by score of (6.0), 2008
4. Awarded with King Saud University scholarship to Monash University (Australia).
5. Awarded Membership of Golden Key National Honour Society 2010
6. Awarded High Distinction grades in minor thesis examination part of the master degree 2010
7. Qualified with PhD of Midwifery in 2016 from Monash University
8. Second Saudi women who obtained **PhD in Midwifery** in Kingdom of Saudi Arabia.

Research:

1. Assisted in collection of data for research on “The Effect of Anemia on The Pregnancy Outcome”, 2007.
2. Minor thesis as part of the fulfillment for the degree of Master of Clinical Midwifery was on “Saudi women experience with first time episiotomy” 2009/2010
3. Publish an article: Jahlan, I. Plummer, V. McIntyre, M. Moawad, S (2016), What women have to say about giving birth in Saudi Arabia. *The Middle East Journal of Nursing*. Vol 10 Issue 1 March pp 10-18.
4. Completed PhD thesis on “A Review for Maternity Services in Saudi Arabia” as a requirement to get PhD degree, 2016.

Abstracts accepted for in the following symposium (Speaker):

- 1- Women’s perspectives of their birthing experience in Saudi Arabia, Jahlan, I. Plummer, V. McIntyre, M. Moawad, S, 10th international Nursing and Midwifery Conference, “Advancing education and practice to global health challenges”, [Brunei Darussalam](#), 25-27 June 2014.

- 2- Women's perspectives of their birthing experience in Saudi Arabia, Jahlan, I. Plummer, V. McIntyre, M. Moawad, S, Midwives: for the Next Generation, **Gold coast (Australia)**, September 2014.
- 3- Having a baby in Saudi Arabia: do women receive the information they need?, Jahlan, I. Plummer, V. McIntyre, M. Moawad, S, The 3rd Biennial Australian Capital Region Nursing and Midwifery Research Centre Conference, **Canberra (Australia)**, 16-17 Oct. 2014.

Employment:

As demonstrator in College of Nursing at King Saud University 2006-2014

1. Conduct lab demonstration for 1st and 2nd year students
2. Supervise Maternity Nursing subject's students through their clinical practice
 - a. Select appropriate student assignment in clinical settings, conduct pre- and post-clinical student conferences.
 - b. Evaluate students' competencies in maternity nursing skills.
 - c. Provide clarifying presentations for common maternity procedures.
3. Monitor students and assist in their learning of nursing
4. Contribute in College of Nursing Committees; such as: Student academic counselling committee, Internship committee, and curriculum and planning committee.
5. Develop "Maternity Care Procedures Manual" for 3rd year nursing students

As a lecturer in college of Nursing in King Saud University 2015-now:

1. Member in number of College of Nursing committees: Exam Committee and Time table and registration committee.
2. Member in number of maternity and pediatric departments committees within College of Nursing: higher education and research committee, lab committee, clinical training committee, and time table committee.

3. Supervise Maternity Nursing students and clinical instructors during hospital training (level 6), 2016.
4. Develop an evaluation tool for students to evaluate their clinical instructors in hospital training.
5. Update the database of demonstrators and lecturers, as a representative for the college of nursing at demonstrators and lecturer support unit (King Saud University).
6. Organize college of Nursing achievements corner as part of King Saud University (Girls) annual colleges' achievements exhibition and ceremony for 2016.

Professional Registration and membership:

1. Saudi Commission for Health Specialties 2006 till now
2. Nurses Board of Victoria (Temporary registration) 2009-2011
3. Australian college of midwifery (student member) 2009-till now
4. Saudi Midwifery Group (member)

Skills

1. Excellent team working and organization.
2. Very good problem Solving skills.
3. Demonstrate Multi-tasking by the ability to juggle a number of priorities.
4. Highly developed interpersonal skills; discreet and sensitive in dealing with people.
5. Basic Computer skills and use of MS and MC office programs: Word and PowerPoint. Also using SPSS and Endnote Programs.
6. Competent in preparing and delivering presentations
7. Have a very good research skills (mainly qualitative research).

Referees:

Prof. Dr. Salma Moawed Lecturer in Nursing College, King Saud University,

Email: smoawed1993@hotmail.com

Dr. Virginia Plummer, Lecturer in Nursing Faculty, Monash University

Tel: (+61399044064 Email: Virginia.Plummer@monash.edu)