

Curriculum Vita
Khalid Aldubayan, Ph.D, RD
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EDUCATION

Texas Tech University, Lubbock, TX, USA

2016 Doctor of Philosophy in Nutritional Sciences

Dissertation title: *A Quantitative Study Examining Compliance to the Saudi Schools Nutrition Policy and Alignment to the IOM Standards in Boys' Public High Schools in Riyadh, Saudi Arabia*

University of Canberra, Canberra, ACT, Australia

2012 Master of Science in Nutrition

Participated in the following project: *Investigation of policies/guidelines relating to food allergy awareness in ACT Schools*

King Saud University, Riyadh, Saudi Arabia

2007 Certificate of completion 1-year dietetic internship

2006 Bachelor of Science in Clinical Nutrition

EXPERIENCE

2017 – Current	Chairperson of the Community Health Sciences Department, College of Applied Medical Sciences, King Saud University, Riyadh, Saudi Arabia
2017 – Current	Advisor and member of the executive committee of the healthy food strategy at the Saudi Food and Drug Authority, Riyadh, Saudi Arabia
2017 – Current	Senior specialist in clinical nutrition registered and licensed by the Saudi Commission for Health Specialties, Riyadh, Saudi Arabia
2017 – Current	Founder and supervisor of the student clinical nutrition club at King Saud University, College of Applied Medical Sciences, Community Health Department, Riyadh, Saudi Arabia
2016 – Current	Chair of the committee of the academic plans and programs at King Saud University, College of Applied Medical Sciences, Community Health Department, Riyadh, Saudi Arabia

2016 – Current	Assistant Professor at King Saud University, College of Applied Medical Sciences, Community Health Department, Riyadh, Saudi Arabia
2012 – 2016	Member at the research team under the supervision of Dr. Mary Murimi at Texas Tech University, College of Human Sciences, Department of Nutritional Sciences, Lubbock, TX, USA
2012 – 2016	Lecturer at King Saud University, College of Applied Medical Sciences, Community Health Department, Riyadh, Saudi Arabia
2007 – 2012	Demonstrator at King Saud University, College of Applied Medical Sciences, Community Health Department, Riyadh, Saudi Arabia
2006 – 2007	Intern at King Khalid University Hospital, Riyadh Military Hospital, and King Fahad Medical City

RESEARCHES

Research Interests

School Nutrition, Food Policy, Nutrition Education, Obesity, Diabetes and Food Waste Management

Abstract Publications

Aldubayan, K., and Murimi, M. (2015). A Quantitative Study Examining Compliance to the Saudi Policy and IOM Standards in Boys' Public High Schools in Riyadh, SA. *Journal of Nutrition Education and Behavior*, Vol. 47(4): S1-S2.

Aldubayan, K., and Murimi, M. (2015). A quantitative study examining the degree of compliance to the Saudi policy and IOM standards in boys' public high schools in Riyadh, Saudi Arabia. *Diabetes Care (Middle East Edition)*, Vol. 12(2): 105-108.

Research Publications

Murimi, M. W., Kanyi, M., Mupfudze, T., Amin, M. R., Mbogori, T., & **Aldubayan, K.** (2016). Factors Influencing Efficacy of Nutrition Education Interventions: A Systematic Review. *Journal of Nutrition Education and Behavior*.

Awards and Grants

- 2017 Research Center, the Saudi Food and Drug Authority (SFDA), Riyadh Saudi Arabia. 90,000 – 110,000 SAR (**Under Process**)
- Research title:** *Identifying factors influencing food choices in Saudi Arabia*
- 2017 Grant Programs for Universities and Research Centers (GPURC), King Abdulaziz City for Sciences and Technology (KACST), Riyadh, Saudi Arabia. 500,000 – 750,000 SAR (**Approved**)
- Research title:** *The Effectiveness of Grab-N-Go Boxes Accompanied with Nutrition Education in Public Schools in Riyadh, Saudi Arabia*
- 2017 Raed Program, Deanship of Scientific Research, King Saud University, Riyadh Saudi Arabia. 40,000 – 70,000 SAR (**Approved**)
- Research title:** *A mixed method study to identify the knowledge and skills needed by the labor market for dietitians and health educators in Saudi Arabia*
- 2015 Student Research Award at the SNEB Annual Conference; Pittsburgh, PA, USA.

Poster

Khalid Aldubayan, MS, *Teachers' Perspective and Confidence Level About Nutrition Education in Boys' Public High Schools in Riyadh, Saudi Arabia* at the SNEB Annual Conference at San Diego, CA, USA

PROFESSIONAL ACTIVITIES

Conferences and Workshops

- 2017 Attended International Growth and Development (IGD) Conference at Dubai, UAE
- 2017 Attended Regional Nestlé Healthy Kids Partner's workshop at Dubai, UAE
- 2016 Participated at the SNEB Annual Conference at San Diego, CA, USA
- 2015 Participated at the SNEB Annual Conference at Pittsburgh, PA, USA

- 2015 Participated at the 4th Annual Middle East Congress on Clinical Nutrition at Ajman, UAE
- 2013 Attended Leadership workshop SACM at Washington, DC, USA
- 2006 Attended the Conference of Novartis Medical Nutrition in Association with ESPEN, Riyadh, KSA
- 2006 Attended the Metabolic Disorders Symposium at King Fahad Medical City, Riyadh, KSA
- 2006 Attended the Diabetic Patient Empowerment Symposium at King Abdulaziz Hospital, Riyadh, KSA
- 2004 Attended the 5th Diabetes Care Symposium at King Abdulaziz Hospital, Riyadh, KSA
- 2004 Attended the Clinical Nutrition Symposium at Riyadh Military Hospital, Riyadh, KSA

Membership

- 2012 – Current Member at the Society for Nutrition Education and Behavior (SNEB)
- 2017 – Current Member at the Saudi Dietetic Association (SDA)