

# **CURRICULME VITE**

## **Personal Information**

Name: Alaa Al-bishi

Nationality: Saudi

Gender: Female

Language: Bilingual (Reading, Writing, and Speaking) in Arabic and English

## **Contact Information:**

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## **Objective:**

To obtain a position within a field of Rehabilitation, whereby my profession and decision making skills can be best utilized , to share my abilities and knowledge to improve understanding patients life and how we can help them to reach their maximum potential to contribute to society. While learning to live within the limits of their abilities,

## **Qualification:**

**Bachelor Degree in rehabilitation sciences ( Physical Therapy) with the second class honor** - College of Applied Medical sciences - King Saud University (2009 )

## **Professional Experience**

- **Demonstrator at the faculty of Physical Therapy rehabilitation department, KSU .**
- **Working at research center (KSU).**
- **SPTA Organizer at KSU**

## **Training & Experience:**

### **TRAINING:**

- Volunteer Physiotherapist at KFMC on 2006 ( 15<sup>th</sup> july-26<sup>th</sup> July)
- Volunteer Physiotherapist at SGH on 2007 ( 7<sup>th</sup> july-7<sup>th</sup> august )

### **INTERNSHIP:**

- First Rotation: National Guard Hospital (6 months) :
  - Orthopedic (mainly spine cases – women health ) 2months.
  - In patent - acute neuro ( mainly stroke cases ) -2months
  - Pediatrics (2months)
- Second Rotation: KFMC ( 6 months):
  - rehab hospital (mainly SCI and stroke cases) 7-8 weeks.
  - Pediatrics In/ out (7weeks) .
  - In patent (acute neuro- medical ) 6 weeks .

## **Professional & Educational Activities:**

- certified ( bobath therapist ) for assessment and treatment 2010
- McKenzie course part A (26 CME).
- move course (8 CME) 2010
- Upper limb function in neurology patient ( 6CME) 2010
- Medical tapping course. (15 CME) 2009.
- Mobility workshop for lower extremity amputation (15CME) 2009.
- Mobilization of nervous system (14 CME) 2009.
- Holistic approach in rehabilitation in KFMC 2008.
- Orthotics for children with cerebral palsy ( 7 CME )2007 .
- Asian federation of sports medicine (15 CME ) 2006.
- Manual therapy roles in low back pain ( 01CME ) 2006.
- Power of aging (01CME) 2006.

## **Membership &Other skills:**

- Member in research committee at KSU
- Member at community services at KSU
- Active Member of Saudi Physical Therapy Association (SPTA)
- Active member in continuous educational committee in SPTA.
- Active Member in community services committee in SPTA.
- Active Member in college of applied medical science for 4 years.
- Good knowledge of computer programs such as Windows Microsoft Office, Photoshop, Internet.
- My researches involved booklets and brochures which I was required to make for different cases .
- Good ability in communicating with others and share ideas with the interdisciplinary team members.