**Community health sciences department**

**College of Applied Medical Sciences**

**King Saud University**

**CHS 212**

**Community Health**

**2nd semester of 1434-1435**

**1st midterm**

**Ms. Samah Alageel**

**Name: …………………………………………**

**Student no.: ……………………………………**

**Time allowed: 1 hour**

**Marks: 20**

**Please answer the following questions:**

**Define the following terms (2 grades):**

**Health:**

**…………………………………………………………………………………………………………………………………………………………………………………………………………**

**Health inequalities:**

**………………………………………………………………………………………………………………………………………………………………………………………………………….**

**Please choose the right answer for the following questions (12 grades):**

1. **The founder of western medicine:**
2. John Graunt.
3. Hippocrates.
4. John Snow.
5. **In ………………. Theory, it was believed that diseases were the result of an interaction between agent, environment and the host.**
6. Germ theory.
7. General susceptibility.
8. Epidemiological triangle.
9. **Social determinant of health include all of the following factors, except:**
10. Cultural factors.
11. Genetic factors.
12. Educational factors.
13. **……………….. type of social support is related to the presence of companions in order to be able to engage in social activities:**
14. Emotional support.
15. Tangible support.
16. Belonging support.
17. **Which of the following social determinants of health have an effect on reducing stress:**
18. Social support.
19. Social class.
20. Environment.
21. **Patients who believe pain is an essential element of life and they should endure it are from which cultural background?**
22. Jewish.
23. Buddhist.
24. Confucius.
25. **Traffic related health pollution contribute to the morbidity and mortality of all the following, except:**
26. Cardiovascular diseases.
27. Depression.
28. Respiratory diseases.
29. **Smoking rate is higher in people with low educational level, this is an example of:**
30. Health inequality.
31. Social determinants of health.
32. Cultural differences.
33. **The best source of ………….. support is from family members and close friends:**
34. Tangible support.
35. Informational support.
36. Emotional support.
37. **Health problems were believed to have a mono-causal approach, in the following theory:**
38. Germ theory.
39. Multi-causal approach.
40. General susceptibility.
41. **As a result of the Miasma Theory:**
42. Public health were concerned with sanitation.
43. Medical practices were devoted to the destruction of agents.
44. It was believed that prevention is better than treatment.
45. **Avoidable health inequalities are attributable to:**
46. Biological variations.
47. Free of choice.
48. External environment.
49. **A person’s social class is based on a mixture of the following factors, except:**
50. Environment.
51. Education.
52. Housing.
53. **Which of the following statements is usually true about life expectancy across genders:**
54. Men have higher life expectancy than women.
55. Women have higher life expectancy than men.
56. Both men and women have equal life expectancies.
57. **Studies have shown that social support has all of the following positive health effects, except:**
58. Reduced risk of cancers.
59. Fewer complications during pregnancies.
60. Reduced risk of respiratory diseases.
61. **Lower levels of socio-economic status have been found to be associated with:**
62. Higher incident of Alzheimer’s.
63. Higher levels of perceived control.
64. Higher self-esteem.

**Explain the public health approach when dealing with public health problems. (2 grades)**

**…………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………**

**Explain the Muslims’ view on disease and pain. (2 grades)**

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**Why men have higher mortality rates than women? (2 grades)**

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