

CURRICULUM VITAE

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Objectives

My philosophy is **Science and Education**.

Improvement cannot achieve without potential, motivation, knowledge, plan, high and professional education, Science and Improvement are two faces for one coin and Professional Health Care is associated with the Professional Health management.

Everyone has to have the Best Professional Health Care. In my professional opinion I believe that every patient is an individual, who has specific physical, social, spiritual and psychological needs, regardless of their nationality, gender, race, religion or culture.

My goal is to help improve the current hospital care and education services within the Kingdom. I believe that is will be achieved by continuing higher education in rehabilitation Science and Physical Therapy.

Education

Master of Science: University of Pittsburgh, Pittsburgh, PA
Health and Rehabilitation Science School
Department of Physical Therapy
Field of Advanced Orthopedic Physical
Therapy (musculoskeletal), December, 2005.

B. Sc., Physical Therapy, 1998.
College of Applied Medical Sciences.
Department of Physical Therapy
King Saud University
Riyadh, Kingdom of Saudi Arabia.

Work and professional Experience

- Currently working as teacher assistance (lecturer) in Physical therapy Department which is subdivision of Rehabilitation Health Sciences at applied of medical Science College, King Saud University. Teaching Undergrad level
- Supervisor of The Committee for Printed Material in the 7th International Exhibition and Conference on Higher Education that was organized by the Ministry of Education during the period 12-15/04/2017, With a certificate of Thanks and Appreciation from His Excellency the Minister of Education
- Currently Member of the Curriculum committee in the department since 2015 up to 2nd semester, 2017
- Currently Member of the Academic advising and registration committee in the department since 2015 up to 2nd semester, 2017
- Currently Member of the Laboratory committee in the department since 2016 up to 2nd semester, 2017
- Supervisor of the Time table and final examinations committee for all four programs of Bachelor's degree and for postgraduate students (BSc, MS), in the department since 2010- 1st semester, 2017



- Supervisor of the Clinical training, Internship, and alumni Affairs committee for PT, Sp & Hear, OT, and RT in Rehabilitation Health Sciences Department since 2006 - 1st semester, 2017
- Member of the College Internship committee at applied of medical Science College, King Saud University since April 2012-2016
- Supervisor of The Committee for Printed Material in the 6th International Exhibition and Conference on Higher Education that was organized by the Ministry of Higher Education during the period 15-18/04/2015.
- Supervisor of The Committee for Printed Material in the 5th International Exhibition and Conference on Higher Education that was organized by the Ministry of Higher Education during the period 15-18/04/2014.
- Supervisor of the prints in the forum for coordinating universities and institutions involved in the Arabic language, which was organized by the Ministry of Higher Education during the period 06-09/05/2013.
- Supervisor of the College graduations' Unit since 2013- 2014.
- Supervisor of The Committee for Printed Material in the 3rd International Exhibition and Conference on Higher Education that was organized by the Ministry of Higher Education during the period 16-19/04/2013.

- Member of the medical committee of the Sports Federation of the universities in Saudi Arabia, in Ministry of Higher Education, 2011-2016
- Member of the Organizing Committee of the 2nd Saudi Conference of Sports Medicine 2013.
- Member of the Committee for Printed Material in the 11th session of the General Conference of ISESCO and the 33rd session of the Executive Council which was organized by the Ministry of Higher Education during the period 01-02/12/2012 .
- Chief Financial Officer of Saudi Physical Therapy Association, 2011, and active member
- Supervisor of Physical therapy clinic for school, Junior, and Youth teams in The Hilal Club, Riyadh, Saudi Arabia since 2007 season up to 2011
- A leading student activity, faculty of Applied Medical Sciences, 2010, we have achieved first place in the distinct activities at the level of university colleges
- In 2009, supervised sports student activities, Faculty of Applied Medical Sciences and achieved fourth place on the Chancellor's Cup 2009
- Completed approximately 400 hours of clinical times at the biggest Center for Sports medicine which is part of the University of Pittsburgh Medical Center during September 2004 thru August 2005

- Six months experience with Saudi Arabia Basketball team as Physical therapist, The Golf championship 2002.
- Previously, working as a demonstrator at Rehabilitation Health Sciences Department, College of Applied Medical Science, King Saud University from 2001 thru December 2002.
- Four years experience in Al Dareyah Club in Riyadh city as Physical therapist (sport injuries field) from 1996 to 2000
- Three years and eight months experience in king Abdulaziz University hospital, Department of Physical Therapy from 1997 to 2000(as supervisor of PT clinic, male).
- Two months experience in King Khalid University hospital in 1997
- Two months experience in King Fahed hospital, Department of physical Therapy in 1995, Jeddah
- One year Internship period with a very much satisfactory level in the following hospitals in Riyadh from 1996 to 1997:
 - The biggest rehabilitation center
 - Sport Medicine hospital
 - Riyadh Center hospital
- Working as a demonstrator at Rehabilitation Sciences Department, College of Applied Medical Science, King Saud University from 2001 to December 2002

Teaching Experience

Previously, Three Semesters experience in teaching undergraduate level at Rehabilitation Health Sciences Department, College of Applied Medical Science King Saud University from 2001 to fall 2002:

- RHS 221 Introduction to physical therapy procedure
- RHS 322 Physical therapy procedures
- RHS 431 Clinical studies III.
- RHS 433 Clinical practice III.

Currently, 10 years' experience in teaching undergraduate level at Rehabilitation Health Sciences Department, College of Applied Medical Science King Saud University from January 2006 thru update:

- RHS 221 Introduction To Physical Therapy Procedure(Manual Muscle Testing and Range of motion measurement Procedures).
- RHS 322 Physical Therapy Procedures.
- RHS 431 Clinical Studies III.
- RHS 433 Clinical Practice III (applying clinically).
- RHS 434 Selected clinical topics-1-
- RHS 326 Physical therapy for pediatrics.
- RHS 331 Clinical Studies (orthopedics cases).
- RHS 332 Clinical Practice I (neurological symptoms).

Publications:

- Ali H Alnah, Asma A Alderaa, **Ali Z Aldali**, Hana Alsobayel. Reference values for the Y Balance Test and the lower extremity functional scale in young healthy adults, Physica therapy Sciences Journal, Vol. 27, No. 12, 2015.
- Ali H. Alnahdi, Ghada I. Alrashid, Hatem A. Alkhaldi, and **Ali Z. Aldali**. Cross-cultural adaptation, validity and reliability of the Arabic version of the Lower Extremity Functional Scale, Disability and rehabilitation Journal, 07/17/2015.
- Adel A. Alhusaini, PT, Ph.D.; Ali H Alnahdi, PT, Ph.D.; Ganeswara Rao Melam, MPT; **Ali Z Aldali**, PT MSc. Normative values of Y Balance Test and Isometric muscle strength among Saudi School children.
- Yehia N. Abd Elhafz, **Aly Al Dali**. Epsilateral Versus Contralateral Usage of Cane in Elders with Hip Osteoarthritis, BULLETIN OF FACULTY OF PHYSICAL THERAPY, CAIRO UNIVERSITY, Vol. 15, No. (1): 29-37, Jan 2010

Certificate

- ◇ I got BLS (Basic Life Support) Certificate from American Heart Association on 19th January 2014 (#18e59c055700).
- ◇ I got BLS (Basic Life Support) Certificate from Saudi Heart Association on 19th October 2010.
- ◇ I got License of Physical therapist, Saudi Arabia and it had been effective since 1998.

◇ **Training Courses, Symposiums, and Workshops**

- ❖ Attended and participated in the 17th International Scientific Conference, Faculty of Physical Therapy, Cairo University, Egypt, Cairo, 10-11 March 2016.
- ❖ Attended and participated in 2015 Combined Sections Meeting by APTA (American Physical Therapy Association) held in downtown Indiana- Indianapolis, February 4-7, 2015.
- ❖ Attended and participated in 2014 Combined Sections Meeting by APTA (American Physical Therapy Association) held at the Venetian and Sands Expo Center in Nevada-Las Vegas, February 3-6, 2014.
- ❖ Attended and participated in the 2nd Gulf Conference on Complementary Medicine, held at King Faisal Conferences Hall- Riyadh InterContinental Hotel on 24-26 November 2013.
- ❖ Attended and participated in the 14th International Scientific Conference, Faculty of Physical Therapy, Cairo University, Egypt, Cairo, 25-26 April 2013.
- ❖ Attended and participated in 2013 Combined Sections Meeting by APTA (American Physical Therapy Association) held at San Diego Convention Center, from January 20-24, 2013. San Diego, CA.US.
- ❖ Attended and participated in a course of Manual Therapy Interventions for the Lower Extremity: A Laboratory Intensive Course

(PRE CONFERENCE SESSIONS) in Combined Sections Meeting by APTA (American Physical Therapy Association) held at San Diego Convention Center on 20-21, 2013. . San Diego, CA.US.

- ❖ Attended and participated in Workshop to discuss the outcomes Preparatory Year Program at the center of excellence in learning and teaching in King Saud University, 5-May,2012.
- ❖ An organizer of the First Conference of Applied Medical Sciences Colleges (CAMS2012) held at King Saud University, Riyadh, from 10-11 march, 2012.
- ❖ Attended and participated in the 1st Annual Forum for University Teaching held at King Saud University, Riyadh, from 11-12 Sept, 2011.
- ❖ Attended and participated in Emirates Physiotherapy Conference held at Jumeirah Emirates Towers, Dubai- UAE, from 28-30 march,2010.
- ❖ Participated in Pre-conference course: Physical Therapist as Exercise Experts with Aging Adults: Functional Examination and Exercise Prescription, held at Rashid Hospital, Dubai- UAE, 26-27 march, 2010.
- ❖ Participated and Successfully Completed 5 day course As Facilitator at: Keep Our University Free from Smoking Program, held on 14-18 November, 2009.

- ❖ Attended the KSU Family and Community Medicine Department's celebration of WORLD AIDS DAY 2008, held on 22 December, 2008. At the college of Medicine King Saud University. Riyadh, Saudi Arabia. Accredited by the Saudi commission for health specialties; 4 CME Hours.
- ❖ Training with the wonderful treatment machine which is DBC stand of the documentation Based Care at the school of Applied Medical Sciences in Rehabilitation Health Department, King Saud University by Dr.Liam Evin from Ireland presented DBC company and the training program on the DBC machine held on 14-18/June/ 2008.
- ❖ Attended the December 2, 2006 Clinical Education Workshop for Faculty. Accredited by the Saudi council for health specialties, Riyadh, Saudi Arabia
- ❖ Participated in the President of the International Olympic Committee, part in the sport medicine course held from November 25 to November 30, 2006 at prince Faisal Bin Fahd Olympic Complex, Riyadh, Saudi Arabia.
- ❖ Participated in the 9th Asian Federation of Sports Medicine Congress organized by The Saudi Sports Medicine Association, Held from November 19 to 22, 2006. At King Fahd Cultural Center, Riyadh, Saudi Arabia.

- ❖ Attended three semester of internship with Dr.Mike Temko at his PT clinic, 2004-2005 At University of Pittsburgh Health Center.
- ❖ Active Participation in a clinical rotation at a local out-patient physical therapy clinic, in Pittsburgh city 2005, PA, US.
- ❖ Attended the December 3, 2005 Survival Skills and Ethics Workshop on Teaching at the University of Pittsburgh, PA, US.
- ❖ Participated in The 5th International Conference of the American Physical therapy Association on Boston, MA. Held
- ❖ Advanced Intensive Course on English as a 2nd Language, ELI University of Pittsburgh, spring and summer 2003.
- ❖ 5th clinical meeting: 1)- “A Coherent national strategy and plan for assistive technology”, by Dr. Cliff Brubaker, 2)- “Current trends in treating low back pain”, by Dr. Anthony Delitto, organized by Saudi Physical Therapy Association (SPTA) in Security Forces Hospital, Riyadh on Jan 23rd, 2001.
- ❖ Training program with Henley Healthcare Cybex Medical Isokinetic Seminar, in South Carolina held on April 15-16, 2000, USA.
- ❖ 8th clinical meeting: Physical Therapy Approach in clinical Management of Headache, by Dr. Samir Sabbahi, PhD. PT, organized by Saudi Physical Therapy Association (SPTA) in Security Forces Hospital, Riyadh on May 21, 2000.

- ❖ Management of Spine and Head in sport injury course held on May 3-4, 2000.
- ❖ Management of Lower Limb in sport injury course held on May 1-2, 2000.
- ❖ Management of Upper Limb in sport injury course held on April 29-30, 2000.
- ❖ Image Interpretation of X-ray, CT- SCAN and MRI course as coordinator, held on April 1-6, 2000.
- ❖ Sensory Approaches in Treatment of Cerebral Palsy course as coordinator held on March 29-30, 2000.
- ❖ National Training course in Clinical Acupuncture as Coordinator, held on March 7-9, 2000.
- ❖ Course of Reflexology and Acupressure Technique as Coordinator, held on March 4-6, 2000.
- ❖ 2nd and 3rd workshop in Sports Medicine, National Sports Medicine Institute, UK in Collaboration with Sports Medicine Hospital, Saudi Arabia, Nov.24-27, 1996, June 8-11, 1997.
- ❖ English course for two months in England, 1991.



Languages

Bilingual (Reading, Writing, and Speaking) in Arabic and English.

References:

1. Dr. Saad Bindawas, Ph.D. PT
Associate Professor and Chair, Rehabilitation and Health Sciences Department,
College of Applied Medical Sciences, King Saud University, Riyadh, Saudi Arabia
2. Dr. Anthony Delitto, PhD, PT, FAPTA
Associate Professor and Chair, Department of Physical Therapy
University of Pittsburgh School of Health and Rehabilitation Sciences
3. Dr. Kelle Fitzgerald, PT, Ph.D., OCS
Associate Professor, Department of Physical Therapy
University of Pittsburgh School of Health and Rehabilitation Sciences
4. Dr. James J. Irrgang, PhD., PT, ATC
Associate Professor, Department of Physical Therapy
University of Pittsburgh School of Health and Rehabilitation Sciences
5. Dr. Jessie VanSwearingen, PhD, PT
Associate Professor, Department of Physical Therapy
University of Pittsburgh School of Health and Rehabilitation Sciences
6. Dr. Mike Temko, MS, PT, OMT
Assistant Professor, Director, Post-Professional Studies Professor, Department of Physical Therapy
University of Pittsburgh School of Health and Rehabilitation Sciences
7. Dr. Waleed Aldali, Ph.D. PT
Professor and Chair, Health and Rehabilitation Sciences Department,
College of Applied Medical Sciences, King Saud University, Riyadh, Saudi Arabia
8. Dr. Sami Al Abdulwahab Ph.D, PT
Professor, Health and Rehabilitation Sciences Department,
College of Applied Medical Sciences, King Saud University, Riyadh, Saudi Arabia
9. Dr. Faraj Abdul meneam, M.Sc. Ph.D.
Assistant Professor, Health and Rehabilitation Sciences Department,
College of Applied Medical Sciences, King Saud University, Riyadh, Saudi Arabia