**نموذح من الاختبارات والإجابة النموذجية د. وادي العنزي**

What are the key Components of High Quality Healthcare?

There are six components: safety, effective, patient-centeredness, efficient, and eequity.

According to the IOM, there are six important components of a health care system that provide high quality care to individuals. First, the system is safe (i.e., free from accidental injury) for all patients, in all processes, all the time. This standard implies, for example, that there should not be lower standards of safety on weekends or at night, that patients need only tell their health care providers information once, and that information is not misplaced or overlooked. Second, a high quality health care system provides care that is effective (i.e., care that, wherever possible, is based on the use of systematically obtained evidence to make determinations regarding whether a preventive service, diagnostic test, therapy, or no intervention would produce the best outcomes). Third, a high quality health care system is patient-centered. This concept encompasses the following: respect for patients' values, preferences, and expressed needs; coordination and integration of care; information, communication, and education; physical comfort; emotional support (i.e., relieving fear and anxiety); and involvement of family and friends. Fourth, high quality health care implies care that is delivered in a timely manner (i.e., without long waits that are wasteful and often anxiety-provoking). Fifth, a high quality health care system is efficient (i.e., uses resources to obtain the best value for the money spent). Sixth and lastly, a high quality health care system is equitable (i.e., care should be based on an individual's needs, not on personal characteristics--such as gender, race, or insurance status-- that are unrelated to the patient's condition or to the reason for seeking care).

These are the six key components aimed to overall improving healthcare systems.

**بعض مراجع مادة الجودة النوعية**

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4. Other current articles related to the SA healthcare system.