

**King Saud University**

**College of Nursing**

**1st Semester 2016 – 2017**

**1437/1438**

**Course title and code: Adult Health Care (NUR 316)**

**Credit hours : 3 hours theory**

**Pre Requisite : NURS 224/ 225**

**Co Requisite : NURS 317**

**Course description :**

This course focuses on the care of adult patients with acute and chronic illness and their responses to actual and potential alterations in health. The concept of nursing process, critical thinking and problem solving were stressed as a framework in providing comprehensive patient care.

**Objectives :**

***At the end of this course, the students will be able to:***

* Describe the steps of the Nursing Process to plan nursing care that will support the individual/family/community in the promotion of health status.
* Identify aetiologies, risks, sign and symptoms, diagnostic procedures, treatments and diet therapy for patients with common medical and surgical disorders.
* Identify nursing diagnoses, goals, nursing interventions based on evidence based practice, nursing outcomes and evaluation criteria appropriate for clients with system disorders.
* Develop a health education program for client and family according to patient conditions.

**Course Outline**

|  |  |  |
| --- | --- | --- |
| **1 Topics to be Covered** | | |
| **Topics** | **No of**  **Weeks** | **Contact hours** |
| * 1. **Nursing process (revision& application)** | **1** | **3** |
| * 1. **Pain management** | **1** | **3** |
| * 1. **Fluid and electrolytes balance & imbalance** |
| * 1. **Peri- operative care** | **1** | **3** |
| * 1. **Respiratory disorders**      + Bronchial asthma      + Bronchitis      + COPD | **2** | **6** |
| * 1. **Cardiovascular disorders**       + Hypertension      + Heart failure      + Angina   - Myocardial infarction | **2** | **6** |
| * 1. **Endocrine disorders**      + Diabetes Mellitus      + Hypo& hyperthyroidism | **2** | **6** |
| * 1. **Urinary disorders**      + Renal failure (acute& chronic) | **1** | **3** |
| * 1. **Gastrointestinal disorders**      + Peptic ulcer      + Appendicitis | **1** | **3** |
| * 1. **CNS disorders ( stroke )** | **1** | **3** |
| * 1. **Blood diseases (anaemia )** | **1** | **3** |
| * 1. **Oncology ( overview )** | **1** | **3** |

|  |  |  |  |
| --- | --- | --- | --- |
| **2 Course components (total contact hours per semester):** | | | |
| **Lecture:3** | **Tutorial:** | **Practical/Fieldwork/Internship:** | **Other:** |
| **3 X 15 = 45 hrs.** | ------ | -------- | --------- |

|  |
| --- |
| **3. Additional private study/learning hours expected for students per week. (This should be an average for the semester not a specific requirement in each week)**  **(Assignment, Exercises and revision) average of 9 hrs** |

**Required Text(s)**

Smelter S, Bare , L. Brunner and Suddarth. “Textbook of Medical-Surgical Nursing”. Lippincott. CO. 12th Ed (March 1, 2012)

**Essential References**

* Lippincott's Nursing Procedures. “Springhouse, Nursing Procedures” Lippincott Williams & Wilkins; Fifth edition (May 1, 2008) ISBN-13: 978-0781786898
* [Christensen](http://www.amazon.com/exec/obidos/search-handle-url/ref=ntt_athr_dp_sr_1?%5Fencoding=UTF8&search-type=ss&index=books&field-author=Barbara%20Lauritsen%20Christensen), B.[Kockrow](http://www.amazon.com/exec/obidos/search-handle-url/ref=ntt_athr_dp_sr_2?%5Fencoding=UTF8&search-type=ss&index=books&field-author=Elaine%20Oden%20Kockrow), E. [Cooper](http://www.amazon.com/exec/obidos/search-handle-url/ref=ntt_athr_dp_sr_3?%5Fencoding=UTF8&search-type=ss&index=books&field-author=Kim%20Cooper), K. “Study Guide for Adult Health Nursing” Mosby; 5 edition (December 16, 2005) ISBN-13: 978-0323042369

**Electronic Materials, Web Sites etc**

* + [www.lww.com](http://www.lww.com/)
  + [www.delmarelearning.com](http://www.delmarelearning.com/)
  + [www.pubmed.com](http://www.pubmed.com/)
  + www.discovernursing.com/
  + www.amazon.com/Medical-Surgical-Nursing
  + http://allnurses.com/forums/f31/
  + -www.med-surg.org/
  + -www.emedicine.com
  + -www.nursing.duq.edu
  + -www.nursingplanet.com
  + -www.currentnursing.com/
  + -www.nursingcenter.com/journals.
  + -www.free-ed.net
  + -www.currentnursing.com
  + www.consultanurse.net

**Schedule of assessment tasks for students during the semester**

|  |  |  |
| --- | --- | --- |
| **Assessment Task** | **Week due** | **Proportional of total assessment %** |
| Participation | During the semester | 5 |
| Attendance | During the semester | 3 |
| Attitude | During the semester | 2 |
| Quizzes (2) | Week 5 & week 10 | 10 |
| Assignment (writing ) | Week 13 | 5 |
| Assignment (presentation) | Week 13 | 5 |
| 1st mid term | Week 7 | 15 |
| 2nd midterm | Week 12 | 15 |
| Final | As rules | 40 |
| Total | 100 | |

**Criteria for assessment tasks**

|  |  |  |
| --- | --- | --- |
| **Assessment Task** | **Week due** | **Criteria** |
| Participation | During the semester | Required 10 participations from each student  0.5 /each one and will documented in the participation sheet |
| Attendance | During the semester | According the following equation : |
|  | 3 x actual hours of student’s. attendance  Total hours of the course (45) | |
| Attitude | During the semester | Behaviours , communication, trouble making |
| Quizzes (2) | Week 5 & week 10 | As followed rules |
| Assignment (writing ) | Week 13 | Depending on the criteria and check list for both writing and presentation |
| Assignment (presentation ) | Week 13 |
| 1st mid term | Week 7 | As followed rules |
| 2nd midterm | Week 12 |
| Final | As followed rules |
| Total | 100 | |

**Dr. Essmat Mansour**