

## **NURS 317**

### **CLINICAL APPLICATION OF ADULT HEALTH NURSING**

#### **CLINICAL FOCUS**

#### **COURSE DESCRIPTION**

This course is focused on the care for adult patients with acute or chronic illness and their responses to actual or potential alterations in health. Application of nursing process, critical thinking and problem solving techniques are stressed. This course also provides students with the needed skills based on a scientific background of knowledge required to care competently and safely for a wide variety of patients in numerous health care settings. Emphasis is placed on nursing interventions directed toward promotion of system stability and maximum functional status.

#### **CLINICAL OBJECTIVES**

1. Identify the actual and potential health problems of the patients utilizing the holistic Physical Assessment
2. Assist patients in the performance of diagnostic measures for patients with medical /surgical disorders.
3. Identify and analyze the abnormalities and significance in the Diagnostic and Laboratory exam results
4. Perform specific nursing procedures for patient with medical or surgical disorders under the supervision of the Preceptor or Nursing Faculty specifically to:
  - a) Implement nursing assessment skills for patient.
  - b) Monitor Vital signs, Intake and output, laboratory results
  - c) Provide health education to patients and significant others
  - d) Administer Medications, Tube Feeding
  - e) Assess and monitor patients in the Perioperative Period
  - f) Assist the Surgical Team in the care of patients in the Operating Room
5. Assist in the performance of treatment modalities necessary for the patient
6. Design a nursing care plan for patient with medical or surgical disorders
7. Evaluate the condition of the client after implementation of the nursing intervention
8. Shape their professional attitudes towards the care of patient with medical /or surgical health conditions
9. Collaborate and communicate with patient, significant others and health team members utilizing effective communication skills

### CLINICAL FOCUS

Week	Activities	Learning Objectives
1 Feb 16	Orientation to the Course <b>Orientation to Forms / Requirements in the Clinical Area</b> <b>Workshop: Formulating NCP</b> •	• Acquire information regarding Course
2 Feb 23	• Orientation to the Operating Theater Laboratory  <b>Demonstration / Video Presentation</b> <ul style="list-style-type: none"> <li>Care of Patient receiving Patient Controlled Analgesia</li> <li>Care of Patient receiving Epidural Analgesia</li> <li><b>ECG Placement</b></li> <li>•</li> </ul>	• Acquire knowledge regarding the set up of the Operating Theater  • Understand the significance of nursing care towards patient with pain receiving treatment modality  • Acquire knowledge and skills in the application of ECG electrodes
3 Mar 2	• Orientation to the OR Lab • <b>Discussion:</b> Laboratory Tests • <b>Return Demonstration:</b> <b>Obtaining Capillary Blood Glucose</b> • <b>Group Assignment:</b> Lab. Analysis •	• Acquire knowledge and skills in Obtaining Capillary Blood Glucose
4 March 9	<b>Orientation at the Clinical Area</b> <ul style="list-style-type: none"> <li>Courtesy call with the hospital personnel and other members of the health team</li> </ul> <b>Pre / Post Individual</b>	• Identify the members of the health care team and work with them in accordance with the standard nursing practice. • Familiarize with the physical set up in the clinical area  • Identify and analyze the abnormalities and significance in the Diagnostic and

Week	Activities	Learning Objectives
	<b>Conference</b>  Submission of Group Assignment ( Lab. Analysis)	Laboratory exams
5 – 14	<ul style="list-style-type: none"> <li>• <b>Actual Patient Care</b></li> <li>• <b>Pre Conference</b></li> <li>• <b>Review of Client's Records</b></li> </ul> <ul style="list-style-type: none"> <li>• <b>Nurse Patient Interaction</b></li> <li>• <b>History Taking</b></li> <li>• <b>Physical Assessment</b></li> <li>• <b>Individual Patient Care</b></li> </ul> <b>Observation / Performance of Nursing Procedures</b> <ul style="list-style-type: none"> <li>• Vital Signs Taking / Monitoring</li> <li>• Bedside Care</li> <li>• Positioning</li> <li>• Tube Feeding</li> <li>• Medication Administration</li> <li>• Intake and Output Monitoring</li> <li>• Documentation</li> <li>• Others</li> </ul> <b>Report/ refer observations that need immediate attention</b>	<ul style="list-style-type: none"> <li>• Familiarize with the utilization and significance of the documents utilized in the clinical area.</li> <li>• Perform comprehensive Physical Assessment</li> <li>• Provide safe and comprehensive care</li> <li>• Design a nursing care plan for patient with medical or surgical disorders</li> <li>• Perform/ Observe nursing interventions to provide safety and comfort</li> <li>• Assist in the performance of treatment modalities necessary for the patient</li> <li>• Evaluate the condition of the client after implementation of the nursing intervention</li> <li>• Collaborate and communicate with patient, significant others and health team members utilizing effective communication skills</li> </ul>
	<b>Post Conference</b>  Discussion	<ul style="list-style-type: none"> <li>• Acquire additional learning related to the scope of nursing practice</li> </ul>

Week	Activities	Learning Objectives
	<ul style="list-style-type: none"> <li>Cases Handled by the Students</li> <li>Medical Surgical Cases / Procedures</li> </ul>	<ul style="list-style-type: none"> <li>Understand the significance of the clinical experience</li> </ul>
Week 15 May 18	Case Presentation	
Week 16	Clinical Final Exam	

Activities	Date of Submission
1. Lab Analysis	March 16, 2017 (Week 4)
2. Clinical Package (2)	March 16, 2017 (Week 5) April 20, 2017 (Week 10)
3. Patient Progress report	March 19, 30, (Week 6,7) April 27, May 4 (Week 11, 12)
4. Group Case Study	May 4, 2017 (Week 13) May 11, 2017 (Week 14)

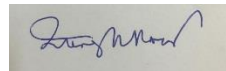
EVALUATION:

Assessment task	Marks
<b>Theory</b>	
Quiz	5
Midterm Exam	10
<b>TOTAL (Theory)</b>	<b>15</b>
<b>Clinical</b>	
Case Study /Case Presentation	10
Lab Activity / Assignment/ Clinical Learning Experience Record	5
Clinical Performance Evaluation Checklist	20
Written Report (Progress Report/ Clinical Package)	10
<b>TOTAL (CLINICAL )</b>	<b>45</b>
<b>Total Semestral Evaluation</b>	<b>60</b>
<b>Final Exams</b>	
Theory 10	<b>40</b>
Clinical 30	
<b>TOTAL MARKS</b>	<b>100</b>

Prepared by:

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**Course Coordinator:**



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