***Practicum I (CHS 369)(38532)***

**Course Title: Practicum 1 in clinical nutrition**

**Course Credits: 3 hours**

**Course timing:**

**-Wenesday:**

**At College from 11:00-1:00**

**-Monday**

**At KKUH From11:00 am-2:00 pm**

**Instructors:**

**1-Lecturer: Ghadah Saleh Al-Medaimeegh**

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**Lalfreeh@ksu.edu.sa**

**Office number: 0118052900**

**Office number: 0118052680**

**Mobil:0554465256**

**Office Hour: Ghadah Saleh Al-Medaimeegh**

**-Sunday :11:00 am-1:00 pm**

**-Monday:9:00am-11:00am**

**Leena Al – Freeh**

**-Sunday :10:00 am-1:00 pm**

**-tuesday:10:00am-12:00am**

**Course Syllabus:**

|  |  |  |  |
| --- | --- | --- | --- |
| ****Week**** | ****Date**** | ****Contents**** | ****Comments**** |
| ****1st**** | **31/8/2014 G** | **Introduction** |  |
| ****2nd**** | **7/9/2014 G** | **Standard Diet+ pediatric assessment** |  |
| ****3rd**** | **14/9/2014 G** | **Obesity adult** | **-at college: discussion of the types of diet+ pediatric assessment**  **-at kkuh: obesity adult case+ kitchen visit** |
| ****4th**** | **21/9/2014 G** | **Obesity**  **pediatric** | **-at college: discussion obesity adult case.**  **-at kkuh: obesity pediatric case.** |
| ****5th**** | **28/9/2014 G** | **Hajj Holiday** |  |
| ****6th**** | **5/10/2014 G** | **Hajj Holiday** |  |
| ****7th**** | **12/10/2014 G** | **DM adult** | **-At college: discussion obesity pediatric**  **-At kkuh:DM adult case** |
| ****8th**** | **19/10/2014 G** | **DM pediatric** | **Atcollege: discussion DM adult case**  **Atkkuh:DM pediatric case** |
| ****9th**** | **26/10/2014 G** | **Renal adult**  **+MID TERM EXAM** | **Atcollege: discussion DM pediatric case**  **At kkuh: renal adult case** |
| ****10th**** | **2/11/2014 G** | **Renal pediatric** | **Atcollege: discusstion renal case**  **Atkkuh:renal pediatric case** |
| ****11th**** | **9/11/2014 G** | **GIT(upper)** | **At college: discussion renal pediatric case**  **At kkuh: upper GIT case** |
| ****12th**** | **16/11/2014 G** | **GIT(lower)** | **At college: discussion upper GIT case**  **At kkuh: lower GIT case** |
| ****13th**** | **23/11/2014 G** | **Liver** | **At college: discussion lower GIT case**  **At kkuh: liver case** |
| ****14th**** | **30/11/2015 G** | **Dietary instruction** | **Atcollege: discussion liver case** |
| ****15th**** | **7/12/1436 G** | **Revision** |  |
| ****16th**** | **14/12/2014 G** | **FINAL** |  |

**Grades:**

|  |  |
| --- | --- |
| **Assignments** | **20** |
| **Discussion** | **10** |
| **Dietary instructions.** | **10** |
| **Hospital discipline** | **5** |
| **Midterm** | **20** |
| **Final** | **35** |
| **Total** | **100** |

**General instructions at Hospital:**

**\*\* Students are expected to be committed to the following hospital rules as follows:**

* **Silence and respect while entering the ward taking into consideration the patient's privacy and medical condition.**
* **Students must follow the conservative dress (long skirt, lab coat, head veil and face cover if possible), [No pants or make up is allowed). If students does not follow this rules ,will be consider as absent**
* **Students are not allowed to give the patient any information regarding his/her medical condition or interfering in the health care process applied in the course of treatment at the hospital.**
* **Students should attend on time, delay 15 minutes considered absent.**
* **Assignment given in the class according to the set dates. The assignments won't be accepted pass these date unless official medical excuse is attached on the front page.**

**Course Description:**

**In this practical course the student learns the skills required to work in a hospital as a dietitian .The course focuses on nutritional assessment, planning treatment and follow-up patients for the following cases; Diabetes, Obesity, Renal, Liver, Pancreas, gallbladder diseases and other gastrointestinal disease.**

**GOOD LUCK**

**Ghadah Al-Medaimeegh**

**Leena al freeh**