



Dr. Sulaiman Omar Aljaloud

Nationality: Saudi, **Place of Birth:** Al Madinah, Saudi Arabia. **Date of Birth:** 08/30/1968, Department of Exercise Physiology, College of Sport Sciences and Physical Activity, King Saud University, P.O. Box 2458, Riyadh, 11451, Saudi Arabia. Phone: +966-1-8063232 • Fax: +966-1-4674852 • Mobile: +99655547452 • **E-mail:** saljaloud@ksu.edu.sa and a_soj@hotmail.com / Web page: <http://fac.ksu.edu.sa/saljaloud>

EDUCATION North Carolina A&T State University, Greensboro, NC
Doctor of Philosophy in Sports Nutrition, 2013

Dissertation title: “Understanding the Behavior and Attitude of Professional Athletes in Saudi Arabia toward Dietary Supplements.

North Carolina A&T State University, Greensboro, NC
Master of Science, Food and Nutritional Science, 2010

Thesis title : Microbiological quality of dairy protein supplements sold in Saudi Arabia markets.

University of Bahrain, Kingdom of Bahrain
Master of Science, Physical Education in Sports Medicine, March 2005

Thesis title : “Impact of Sports - Nutrition Program on Obesity with Royal Commission Schools’ Students”

Taibah University, Saudi Arabia
Bachelor of Science, Physical Education, March 1994

ACADEMIC AND ADMINISTRATIVE EXPERIENCE

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| 2014-Present | Chair of the Department of Exercise Physiology, College of Sport Sciences and Physical Activity, King Saud University |
| 2014-Present | Director of the Anthropometry and body composition laboratory, 2014, Department of Exercise Physiology, College of Sport Sciences and Physical Activity, King Saud University |
| 2013-Present | Assistant professor of Exercise Physiology, College of Sport Sciences and Physical Activity, King Saud University |
| 2013 | Authored a Doctoral Dissertation titled “Understanding the Behavior and Attitude of Professional Athletes in Saudi Arabia toward Dietary Supplements” from North Carolina A&T State University, Greensboro, NC |
| 2008–2013 | Lecturer at King Saudi University |
| 2005 | Conducted several researches and writings on sports, nutrition, and obesity |
| 2004 | Presented several lectures in an awareness program on the dangers of the spread of obesity in Saudi society |
| 1994–2007 | Instructor at the Royal Commission School in Jubail Industrial City |

BOOK CHAPTERS

Tarik Bor, **Sulaiman O Aljaloud**, Rabin Gyawali, and Salam A Ibrahim. (2016). Antimicrobials from Herbs, Spices, and Plants, Book: Encapsulations Chapter: 7. ISBN: 978-0-12-804307-3; PII: B978-0-12-804307-3.00007-7; GRUMEZESCUENGLISHVOL2; Document ID: 00007; Chapter ID: 0035.

Tarik Bor, **Sulaiman O. Aljaloud**, R. Gyawali, Salam Ibrahim (2016). Antimicrobials from herbs, spices, and plants. In: Fruits, Vegetables, and Herbs: Bioactive Foods in Health Promotion (Eds. Ronald Ross Watson, Victor R. Preedy), American Press, p. 551-571.

ARTICLES

Sulaiman O. Aljaloud. (2016). Microbiological Quality and Safety of Energy Drink Available in the Local Markets in Saudi Arabia. *International Journal of Food Science, Nutrition and Dietetics (IJFS)*, *Int J Food Sci Nutr Diet*, 5(4), 287-2

Sulaiman O. Aljaloud. (2016). Use of Energy Drinks among College Students in Saudi Arabia. *American Journal of Sports Science*. Vol. 4, No. 3, 2016, pp. 49-54. doi: 10.11648/j.ajss.20160403.11

Sulaiman O. Aljaloud. (2015). Dietary Supplements for Professional Athletes: A Great Potential for Saudi Arabia. *Journal of Nutritional Health & Food Engineering (JNHFE)*. Volume3 Issue1. 00097. DOI:10.15406/jnhfe.2015.03.00097

Sulaiman O. Aljaloud. (2015). Effectiveness of an educational program on the cognitive status and habits for the use of dietary supplements facts information among consumers in Saudi Arabia. *Journal of theories and applications the International Edition*, Alexandria – Egypt. vol.86, 3

Desarae N Johnson, **Sulaiman O Aljaloud**, Rabin Gyawali, and Salam A Ibrahim. (2015). Evaluation of β -Galactosidase Activity of Commercial Probiotic Supplements Available in the Local Market in Greensboro, North Carolina.. *MOJ Food Processing & Technology*, 1(3): 00016. DOI: 10.15406/mojfpt.2015.01.00016

Olabiya A. Atilola, Rabin Gyawali, **Sulaiman O. Aljaloud** and Salam A. Ibrahim. (2015). Use of Phytone Peptone to Optimize Growth and Cell Density of *Lactobacillus reuteri*. *Foods*, Volume 4, Issue 3 (September 2015), Pages 263-500. *Foods* **2015**, 4(3), 318-327; doi: 10.3390/foods4030318

Desarae Nicole Johnson, and **Sulaiman O. Aljaloud**. (2015). Determining β -Galactosidase Activity of Commercially Available Probiotic Supplements. *Journal of Nutrition & Food Sciences*. Johnson et al., *J Nutr Food Sci* 2015, 5:4 <http://dx.doi.org/10.4172/2155-9600.1000386>

Sulaiman O. Aljaloud. (2014). Availability of Dietary Supplements in Saudi Arabia. *Journal of theories and applications the International Edition*, Alexandria – Egypt. vol.82, 2, pages 86-100

Sulaiman O. Aljaloud, et al. (2014) Microbiological study of dietary supplements available in Saudi Arabian markets. Ministry of Agriculture of the Russian Federation. FGBOU VPO Ulyanovsk State Agricultural Academy. Russian. Youth and science of the 21st century, Volume 1, ISBN 978-5-905970-38-2, pages 190-193.

Sulaiman O. Aljaloud and Salam A. Ibrahim. (2013). Use of dietary supplements among professional athletes in Saudi Arabia. *Journal of Nutrition and Metabolism*, Volume 2013, Article ID 245349, 7 pages.

Sulaiman O. Aljaloud. (2013). Understanding the Behavior and Attitude of Professional Athletes in Saudi Arabia toward Dietary Supplements., Ph.D., North Carolina Agricultural and Technical State University, 2013, 173 pages; 3562242.

Sulaiman O. Aljaloud and Angela M. Fraser. (2013). Microbiological quality and safety of dietary supplements in Saudi Arabia. *Emirates Journal of Food and Agriculture (EJFA)*, 25(8).

Sulaiman O. Aljaloud, Rabin Gyawali, and M. R. Reddy. (2012). Antibacterial Activity of Red Pepper against *Escherichia coli* O157:H7 in ground beef. *Internet Journal of Food Safety*, 14, 44–47.

Sulaiman O. Aljaloud, D. Song, and A. M. Fraser. (2010). Microbiological quality of dairy protein supplements sold in Saudi Arabia markets. *Journal of Dairy Science*, 93(E-Suppl.).

A. Patterson, **S. O. Aljaloud**, A. AbuGhazaleh, and D. Song. (2010). Lemon flavor improves sensory characteristics and consumer acceptability in omega-3 polyunsaturated fatty acids fortified ice cream. *Journal of Animal Science*, 88(E-Suppl. 2)/*Journal of Poultry Science*, 89(E-Suppl.).

Sulaiman O. Aljaloud and Mona S. Al. Ansari. (2006). *The effect of an Exercise-Diet program on Obesity among Students of Saudi Arabia*. Arab Center for Nutrition, Bahrain, Manama, Kingdom of Bahrain.

CONFERENCES PRESENTATIONS (WITH ABSTRACTS):

Sulaiman O. Aljaloud (2015) Decontamination of *Escherichia coli* O157:H7 from the surface of kale using copper and ascorbic acid in combination with lactic acid. International Conference on Food Chemistry and Technology. 1 (1), 47 (FCT-2015)" in San Francisco, USA November 16-18, 2015.

SA Ibrahim, **Sulaiman O. Aljaloud** R Gyawali, R Tahergorabi, A Shahbazi, (2015) Use of date palm to develop a medium for cultivation of *Lactobacillus reuteri* . International Conference on Food Chemistry and Technology. 1 (1), 25 (FCT-2015)" in San Francisco, USA November 16-18, 2015.

A Shahbazi, **Sulaiman O. Aljaloud** R Gyawali, R Tahergorabi, SA Ibrahim (2015) Sweet potatoes as a medium basic component in developing a medium for the cultivation of *Lactobacilli* . International Conference on Food Chemistry and Technology. 1 (1), 45 (FCT-2015)" in San Francisco, USA November 16-18, 2015.

Sulaiman O. Aljaloud (2015) Educating Athletes in Saudi Arabia about Dietary Supplements .International Conference on Sport and Society.Sixth Annual Conference.University of Toronto.Toronto, Canada.30-31 July 2015

Sulaiman O. Aljaloud (2015) Synergistic Effect Of Copper, Lactic Acid, And White Tea Against *Escherichia coli* O157:h7. American Society for Microbiology.115th General Meeting.asm2015. May 30 – June 2, 2015 New Orleans Ernest N. Morial Convention Center.900 Convention Center Boulevard.New Orleans, Louisiana 70130.

Sulaiman O. Aljaloud, (2015) Enhancement of antimicrobial activity of white tea against *Escherichia coli* O157:H7 with a combination of lactic acid and copper. The Society for Industrial Microbiology and Biotechnology (SIMB). January 11 - 14, 2015, San Diego, CA 92101, US.

Sulaiman O. Aljaloud, (2015) Antimicrobial activity of selected natural products against *Escherichia coli* O157:H7 in laboratory medium. The Society for Industrial Microbiology and Biotechnology (SIMB). January 11 - 14, 2015, San Diego, CA 92101, US.

Sulaiman O. Aljaloud, (2015) Decontamination of *Escherichia coli* O157:H7 from the surface of leafy greens using copper and ascorbic acid alone or in combination with organic acids. The Society for Industrial Microbiology and Biotechnology (SIMB). January 11 - 14, 2015, San Diego, CA 92101, US.

R. Gyawali, A.Ayad, **Sulaiman O. Aljaloud**, Salam A. Ibrahim, Mohammad A. Shariati. (2014) Copper and lactic acid solution reduces *Escherichia coli* O157:H7 inoculated on leafy greens. Ministry of Agriculture of the Russian Federation. FGBOU VPO Ulyanovsk State Agricultural Academy. Russian, Stolypin. 4 th International Scientific and Practical Conference of Young Scientists. Youth and science of the 21st century, 16 - 20 September 2014. Volume 1, Ulyanovsk.

Salam A Ibrahim, Rabin Gyawali , **Sulaiman O Aljaloud** and Alani Adkins. (2014) Antimicrobial activity of Origanox™ alone and in combination with sodium lactate on the growth of *Escherichia coli* O157:H7 and *Salmonella* spp. 3rd

International Conference on Clinical Microbiology & Microbial Genomics, September 24-26, 2014, Valencia Convention Centre, and Spain.

Saeed A. Hayek, **Sulaiman O. Aljaloud**, Salam A. Ibrahim, Mohammad A. Shariati. (2014) Impact of potato and metal ions on the growth and enzymatic activity of lactobacillus Reuteri ATCC 55730. Ministry of Agriculture of the Russian Federation. FGBOU VPO Ulyanovsk State Agricultural Academy. Russian, Stolypin. 4 th International Scientific and Practical Conference of Young Scientists. Youth and science of the 21st century, 16 - 20 September 2014. Volume 1, Ulyanovsk.

Sulaiman O. Aljaloud, Salam A. Ibrahim, Angela M. Fraser, Tammy Song, Abolghasem Shabazi. (2014) Microbiological study of dietary supplements available in Saudi Arabian markets. Ministry of Agriculture of the Russian Federation. FGBOU VPO Ulyanovsk State Agricultural Academy. Russian, Stolypin. 4 th International Scientific and Practical Conference of Young Scientists. Youth and science of the 21st century, 16 - 20 September 2014. Volume 1, Ulyanovsk.

Termitayo O. obanla, **Sulaiman O. Aljaloud**, Salam A. Ibrahim, Mohammad A. Shariati. (2014) Impact of medical drugs on the mortality rate of bifidobacterium strains. Ministry of Agriculture of the Russian Federation. FGBOU VPO Ulyanovsk State Agricultural Academy. Russian, Stolypin. 4 th International Scientific and Practical Conference of Young Scientists. Youth and science of the 21st century, 16 - 20 September 2014. Volume 1, Ulyanovsk.

Sulaiman O. Aljaloud .(2014). Europe's Premier Sports Medicine and Sports Science Conference -ISSSMC, Northumbria Students' Union-Northumbria University,2 Sandyford Road-United Kingdom. 17-19 August 2014.

Sulaiman O. Aljaloud. (2014).” *Nutritional supplements: product types, quality, and safety*”. Fifth International Conference on Sport and Society Universidade Salgado de OliveiraNiterói, Rio de Janeiro. 16-17 July 2014.

Sulaiman O. Aljaloud et al. (2014). ” *Microbiological quality and safety of dietary supplements sold in Saudi Arabia*” Poster 222. General Food Microbiology 2809/2809 , ASM 2014 is the 114th General Meeting of the American Society for Microbiology. Boston, MA 02210.

Sulaiman O. Aljaloud et al. (2014). ” *Growth and Enzymatic Activity of LactoBacillus in A Sweet Potato Base Medium*” Poster 222. General Food Microbiology 2811/2811. asm2014, May 17 - 20, 2014, Boston Convention & Exhibition Centre, 415 Summer Street, Boston, MA 02210.

R. Gyawali1, **S. O. Aljaloud2**, S. A. Hayek1, A. Adkins3. (2014). *Antimicrobial Activity Of Origanox™ Alone and in Combination with Sodium Lactate on the Growth of Escherichia coli O157:h7 And Salmonella Spp*” Poster 110. Foodborne Pathogens - Methods of Control (Division P) 1367/1367.

S. A. Hayek1, **S. O. Aljaloud2**, S. A. Ibrahim1. (2014). *Impact of Sweet Potatoes and Metal Ions on the Growth and Enzymatic Activity of LactoBacillus reuteri ATCC 55730*” Poster 053. Foodborne Pathogens - Biology and Characteristics II, 816/816. asm2014,Boston Convention & Exhibition Centre, 415 Summer Street.

T. O. Obanla1, S. A. Hayek1, **S. O. Aljaloud2**, R. Gyawali1. (2014). *Impact Of Medical Drugs On The Survival And Functionality Of Bifidobacteria*” Poster 188. General Microbiology (Division I) 2173/2173. asm2014,Boston Convention & Exhibition Centre, 415 Summer Street.

Sulaiman O. Aljaloud et al. (2013). *Understanding the Behavior and Attitude of Professional Athletes in Saudi Arabia toward Dietary Supplements*” Abstract published on Graduate School newsletter, North Carolina A&T State University, Greensboro, NC

Sulaiman O. Aljaloud et al. (2013). *Microbiological Quality and Safety of Dietary Supplements in Saudi Arabia*. 113th General meeting, American Society for Microbiology (ASM), Denver, CO, May 18–21.

Sulaiman O. Aljaloud et al. (2013). *Use and Attitude of Professional Athletes in Saudi Arabia toward Dietary Supplements*. Association of Research Directors (ARD), 17th Biennial Research Symposium Jacksonville, FL, April 6–10.

Sulaiman O. Aljaloud and Mona S. Al. Ansari. (2012). *Effect of Exercise: Diet program on Obesity among Students of Saudi Arabia*. Southeastern Regional Meeting of the American Chemical Society (SERMACS). Raleigh Convention Center, Raleigh, NC, November.

Sulaiman O. Aljaloud et al. (2012). *Perceptions of Benefits and Use of Dietary Supplements by Professional Athletes in Saudi Arabia*. Food Emergency Response Plan information meetings, NC A&T State University, Greensboro, NC, February 15.

Sulaiman O. Aljaloud et al. (2012). *Survey of the Perceived Benefits and Frequency of Use of Dietary Supplements by Professional Athletes in Saudi Arabia*. Alltech's NA Lecture Tour, SAS Campus, Cary, NC, February 3.

Sulaiman O. Aljaloud, S.A. Hayek, and R. Gyawali. (2011). *Antimicrobial activity of selected natural ingredients against Escherichia coli O157:H7*. Poster presentation at Workshop on Novel Sampling and Sensing for Improving Food Safety, Georgia Tech, Atlanta, GA, June 16-17.

Sulaiman O. Aljaloud et al. (2010). *Study on the Nutritional Supplements for halal Consumers in Saudi Arabia*. IFT 10 Annual Meeting & Food Expo Preview, Chicago, IL, July 17.

Sulaiman O. Aljaloud et al. (2010). *Sensory Attributes of Ice Cream Supplemented with Dates*. National Institute for Farm Safety Annual Conference, Wilmington, NC, June 27.

Sulaiman O. Aljaloud and Mona S. Al. Ansari. (2010). *Effect of Exercise and Diet Program for the Determination of Body Fat among Children in Saudi Arabia by Skinfold Measurement*. Fourteenth Annual Symposium on Industrial and Fermentation Microbiology, University of Wisconsin-La, WI, Friday, April 30.

Sulaiman O. Aljaloud and Mona S. Al. Ansari. (2010). *The Impact of Exercise-Dietary Program among Saudi Arabia Students*. American Dairy Science Association (ADSA), Dairy Foods Symposium: Maximizing Value of Milk Proteins Manufacture, ADSA Recordings, Denver, CO.

Sulaiman O. Aljaloud et al. (2010). *Microbiological Quality of Dairy Protein Supplements Sold in Saudi Arabia Markets*. Clemson University, Clemson, SC, and North Carolina Agricultural and Technical State University, Greensboro, NC.

A. Patterson, **S.O. Aljaloud**, A. AbuGhazaleh, and D. Song. (2010). *Lemon Flavor Improves Sensory Characteristics and Consumer Acceptability in Omega-3 Polyunsaturated Fatty Acids Fortified Ice Cream*. North Carolina A & T State University, Greensboro, NC, Southern Illinois University, Carbondale, IL, Clemson University, Clemson, SC.

Sulaiman O. Aljaloud et al. (2009). *Sensory Attributes of Chocolate Flavored Whole and Low Fat Ice Cream Supplemented with Flaxseed Oil*. North Carolina A&T State University, Greensboro, NC.

Sulaiman O. Aljaloud et al. (2009). *Sensory Attributes of Chocolate Flavored Whole and Low Fat Ice Cream Supplemented with Omega -3 Fatty Acids*. North Carolina A&T State University, Greensboro, NC.

Sulaiman O. Aljaloud and M.R. Reddy. (2009). *Antimicrobial Activity of Selected Natural Ingredients against Escherichia coli O157:H7*. North Carolina A&T State University, Greensboro, NC.

Sulaiman O. Aljaloud et al. (2009). *Sensory Characteristics and Consumer Acceptability of Chocolate Ice Cream Supplemented with Fish Oils*. Association of Research Directors (ARD), Atlanta, GA, March.

Sulaiman O. Aljaloud and Mona S. Al. Ansari. (2006). *The First Arabian Symposium on Obesity and Physical Activity*. Chairperson of one scientific session and presented a paper on "exercise prescription for all ages." Organized by Bahrain Center for Biological Research, Kingdom of Bahrain's Ministry of Education, and Kingdom of Bahrain's Nutrition Center.

Sulaiman O. Aljaloud and Mona S. Al. Ansari. (2005). *The Second Arabian Congress on Obesity and Physical Activity*, December 13-15, 2005. Center for Biological Research, Kingdom of Bahrain's Nutrition Center, Manama, Kingdom of Bahrain. Invited Speaker: Physical Activities for the Elderly.

SCIENTIFIC RESEARCH GRANTS, AWARDS AND HONORS

- Certificate for outstanding students at the university level for the year, North Carolina A&T State University, 2008-2009.
- Royal highness Prince Bandar bin sultan award for academic excellence in the master's stage, with a certificate of appreciation 2010.
- Certificate program for new faculty members that have been released by the British master of organization
- Received research grant of 6,500 Saudi riyals provided by the research Centre at the faculty of sports science and physical activity to complete the study related to physical activity.
- Received financial reward of 109,400 Saudi riyals for a research grant provided by king Abdul-Aziz city for science and technology (general directorate of research grants) to accomplish the research titled 'the impact of drought and rehydration on fixed and characteristics of muscle strength caused by electrical stimulation of the muscles muscle strength' 2015
- Received a financial reward of 135,500 Saudi riyals provided by the research center at the faculty of sports science and physical activity to complete the study on the 'effect of training electricians' motivated muscular contraction of the muscle function and mass. 2015
- Received financial support of 190,000 Saudi riyals to support the national campaign to spread awareness of the diet of athletes in sports competitions.
- Financial support of 70,000 Saudi riyals research project for a new faculty
- Receive assistant distinguished professor of the scientific council of the University of King Saud, 2015.
- Certificate of teaching that includes 49 hours of training, deanship of skills development. King Saud University, 2016.

PROFESSIONAL DEVELOPMENT: CONFERENCES ATTENDED/SHORT COURSES/CERTIFICATES

- International Association for Food Protection. 2016 IAFP Annual Meeting, July 31 - August 3, 2016 America's Center St. Louis, Missouri, MO.
- The American Dairy Science Association (ADSA), 2016.Joint Annual Meeting (JAM) July 19 -23, 2016. Salt Lake City, UT.
- AIB International .Food Defense Coordinator-Level 2. International Association for Continuing Education and Training (IACET), Map of 1960 Harbor Island Drive. San Diego, CA 92101. Jun 16- 18, 2015
- International Conference on Sport and Society. Sixth Annual Conference. University of Toronto. Toronto, Canada.30-31 July 2015
- American Society for Microbiology.115th General Meeting.asm2015. May 30 – June 2, 2015 ·New Orleans Ernest N. Morial Convention Center.900 Convention Center Boulevard. New Orleans, Louisiana 70130.
- The Society for Industrial Microbiology and Biotechnology (SIMB). January 11 - 14, 2015, San Diego, CA 92101, US.
- Australian Strength and Conditioning Association, 7- 9 November, 2014 .QLD, Australia, 4212.Edith Cowan University: 2 Bradford St, Mt Lawley WA 6050, Australia.
- Ministry of Agriculture of the Russian Federation. FGBOU VPO Ulyanovsk State Agricultural Academy. Russian, Stolypin. 4 th International Scientific and Practical Conference of Young Scientists. Youth and science of the 21st century, 16 - 20 September 2014. Volume 1, Ulyanovsk.
- Europe's Premier Sports Medicine and Sports Science Conference -ISSSMC, Northumbria Students' Union- Northumbria University,2 Sandyford Road-United Kingdom. 17-19 August 2014.
- The 19th annual Congress of the European College of Sport Science, ECSS Amsterdam 2014, de-briefing on July 10, 2014.
- Certificate, "Quality Management System in Learning Association "ISO 9001:2008" Deanship of Skills Development, King Saud University, 2014.
- Certificate, course "Subject and Pedagogy Based Teaching" Deanship of Skills Development, King Saud University, 2014.
- First Aid for Sports Course. The FA International Intermediate, Riyadh, Saudi Arabia, 2014.
- Certificate, "Leadership skills academic departments" Deanship of Skills Development, King Saud University, 2014.
- Certificate, "World Scientific Publishing patrols" Deanship of Skills Development, King Saud University, 2014.

- Certificate “Time management and work pressures “Deanship of Skills Development, King Saud University, 2014.
- Certificate, Course “Usage of Smart Classrooms “Deanship of Skills Development, King Saud University, 2014.
- Certificate, "the construction and management team" Deanship of Skills Development, King Saud University, 2014.
- Certificate, Course “Leading Skills of Academic Departments “Deanship of Skills Development, King Saud University, 2014.
- Certificate, Course “Moving Student beyond Opinions to Critical Thinking “Deanship of Skills Development, King Saud University, 2014.
- Certificate, Course “Smart Classrooms “Deanship of Skills Development, King Saud University, 2014.
- Certificate, Course on " learning tool within the best professional certificate program" Deanship of Skills Development, King Saud University , Riyadh, Saudi Arabia, 2014.
- Certificate of training in first aid, Saudi Sport Medicine Association, Riyadh, Saudi Arabia, 2014.
- Certificate, Course "Design and Construction Training Course" Deanship of Skills Development, King Saud University, Riyadh, Saudi Arabia, 2013.
- Certificate, "Effective Teaching Training Course“Deanship of Skills Development, King Saud University, Riyadh, Saudi Arabia, 2013.
- Certificate, “Micro teaching training course“Deanship of Skills Development, King Saud University, 2013.
- Certificate, Course on "evaluating student learning outcomes" Deanship of Skills Development, King Saud University, 2013.
- Certificate, “Peer Consultation training course “Deanship of Skills Development, King Saud University, Riyadh, Saudi Arabia, 2013.
- Certificate, “Student Assessment and Classroom Management training course" Deanship of Skills Development, King Saud University, Riyadh, Saudi Arabia, 2013.
- North Carolina A&T State University, Department of Animal Sciences and USDA APHIS Biotechnology Regulatory Services, Biotechnology Summer Workshop, July 9, 2012.
- North Carolina Emergency Food Safety and Defense Task Force Conference “Food Protection Evolution: Adapting to Changing Times,” Sheraton Imperial, Durham, NC, May 2–3, 2012.
- Food Emergency Response Plan Information Meetings. By: The NC Food Safety and Defense Taskforce. NC A&T State University, Greensboro, NC, Feb 15, 2012. <http://www.ncmhtd.com/FERP>
- Alltech’s NA Lecture Tour, SAS Campus, Cary, NC, February 3, 2012.
- Carolina Community Network, Manuscript Writing Workshop, May 24, 2011.
- Laboratory Productivity Workshop, Spring 2011, Hosted by Fisher Scientific, Charlotte, NC, May 5, 2011.
- Presenting Data Professionally Workshop, North Carolina Translational and Clinical Sciences (NC TraCS) Institute. Greensboro, NC, May 2, 2011.
- Microbial Decontamination Using Chlorine Dioxide Gas. Clordisys Solutions Inc., PO Box 549, Lebanon NJ 08833 USA. Crowne Plaza Charlotte, 201 S. McDowell St, Charlotte, NC 28204, February 29, 2011.
- North Carolina Central University, Division of graduate Education and research, Dr. George Gopen Writing from the Reader’s Perspective Workshops, February 3–24, 2011.
- The Twenty-Fourth Annual Ronald E. McNair Commemorative Celebration and Ninth National Research Symposium, NC A&T State University, 2010.
- North Carolina A&T State University, 2010 Academy for Teaching and Learning, May 10–11, 2010.
- 16th Biennial Research ARD Symposium, Atlanta, GA, March 28–April 1, 2009.
- Fifteenth Biennial Research Symposium at Hyatt Regency Atlanta, GA, 2009.
- The Twenty-Fourth Annual Ronald E. McNair Commemorative Celebration and Ninth National Research Symposium, NC A&T State University, 2008.
- Course on “How to Design a Scientific Program to Reduce Weight” at The Training and Social Service Center in Dammam, Saudi Arabia, 2005.
- First Aid and CPR Course at the Sabic Training Center, Saudi Arabia, 2004.
- Intro to Office Programs Course, Jubail, Saudi Arabia, 2004.
- First Aid for Playground Injuries Course at Fanateer Hospital in Jubail in Saudi Arabia, 2003.
- Course on the Use of Computers in Learning, the Organizational Development Center at the Royal Commission Jubail, Saudi Arabia, 2003.
- Leader Preparation Course at the Scout Training Center in Saudi Arabia, 2002.

RESEARCH INTERESTS

- Physiological evaluation of elite athletes
- Health related physical activity and physical fitness

- Improving health through school physical education
- Exercise prescription for health
- Nutrition for sport performance
- Obesity and energy expenditure in Saudi children
- Obesity prevalence and trends in Saudi children
- Leadership in sport
- Psychology of the group

PROFESSIONAL MEMBERSHIPS

- Member of the Committee of Graduate Studies, College of Sport Science and Physical Activity, King Saudi University, Riyadh, SA. 2014-present
- Member of the Committee on Education and Training, Saudi Sport Medicine Association, Riyadh, SA. . 2014-present.
- Vice Chairman of the Strategic Plan , College of Sport Science and Physical Activity, King Saudi University, Riyadh, SA. . 2014-present.
- President of Student Affairs Unit, College of Sport Science and Physical Activity, King Saudi University, Riyadh, SA. 2013-present.
- Member of the Committee on Student Discipline, College of Sport Science and Physical Activity, King Saudi University, Riyadh, SA. 2013-present.
- Chairman of the Committee for Development and Quality, Department of Exercise Physiology - College of Sport Science and Physical Activity, King Saudi University, Riyadh, SA. 2013-present.
- Member of the Committee of Graduate Studies and Research, Department of Exercise Physiology ,College of Sport Science and Physical Activity, King Saudi University, Riyadh, SA. 2013-present.
- American Society of Microbiology 2013-present.
- Gamma Sigma Delta: Honor Society of Agriculture, 2013-present.
- Institute of Food Technologists Community 2009-present.
- Physical Activity 2013Saudi Federation of Sports Medicine, 2001–Present.
- Scientific Committee, Saudi Physical Education and Sports Federation, 2007-present.
- The Saudi Administration Society, 2007–Present
- The Saudi Educational and Psychological Sciences Society (2007–Present)
- Bahraini Federation of Sports Medicine (2003–Present)

OTHER SKILLS **Computer Skills:** Endnote, SPSS, SAS, Microsoft Word, Excel, and PowerPoint
Languages: Arabic (mother language) and English.

COMMUNITY SERVICE

- Represented Education Department’s football team and won the Royal Commission Inter-departmental Tournament, 2006.
- Active participation in implementing Scouts Training Center’s activities for the service of the scout movement, 2006.
- Participated in organizing and refereeing sports tournaments and games held at Jubail Industrial City and Royal Commission schools, 2005.

Last update on 2/08/2016