Ruqayah Ali AL Hajji

Demonstrator

College of Nursing

King Saud University

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# Education

**Master of Science in Nursing, December 2013** King Saud University, Riyadh, Saudi Arabia

**Bachelor of Science in Nursing**, **July 2007**, King Saud University, Riyadh, Saudi Arabia

# Honors & Awards

**Firs**t prize for Health Sciences Graduate Researchers / 5th Scientific Conference of Higher Education Students in Saudi Arabia Riyadh 2014

**Awarded** First-class Honors and GPA of ( 4.8) out of (5) , **Master of Science in Nursing December 2013** King Saud University, Riyadh, Saudi Arabia

# Licensure

# Saudi Nursing licensure “Specialist Nurse/ Nursing Administration”, Saudi Commission for Health Specialties – 08-K-N-037104

**Employment**

Faculty Member (Demonstrator), Department of Community Nursing &Mental Health, College of Nursing, King Saud University, Saudi Arabia (2010 to present)

**Publication and Research**

**Publication**

Psychosocial Aspects of Attention Deficit Hyperactivity Disorder: Perceived by Parents from Saudi Arabia **(accepted as poster but didn’t published for** Eunethydis 2014 International Congress on ADHD. Istanbul Turkey

**“ADHD chide and parenting stress “** Gulf Health magazine issue 120, June 2013

## Work Experiences

***Clinical Experience at King Saud University***

***Clinical instructor (September 2010- June 2014) in the following centers :***

* Psychiatric ward / King Kahlad University Hospital / Riyadh (September 2013 – June 2014)
* Psychiatric ward / Alamal Mental Health Complex / Riyadh (September 2010- June 2013)
* 4th School Health Care Clinic Riyadh (September 2012- June 2013)
* Olesha Primary Health Care Center Psychiatric ward / Alamal Mental Health Complex / Riyadh (September 2010- June 2011)

**Internship training for one year from September 2007 as follow:**

* Pediatric rotation in King Fahad university Hospital / Al Kobar
* Obstetrics and Gynecology rotation in King Fahad university Hospital / Al Kobar
* Nursing management rotation in Saad Specialist Hospital / Al Kobar
* General surgery and general medicine rotation in King Fahad Specialist Hospital / Dammam
* Al Babtin Cardic center / Dammam

**During undergraduate Training I was rotating in different hospitals:**

* King Fahad university Hospital / Riyadh
* King Fasial specialist Hospital /Riyadh
* Security Forced Hospital / Riyadh
* Prince Salman Health city Hospital / Riyadh

***Teaching Experiences at King Saud University:***

In College of Nursing & Applied Health Science / King Saud University

* Psychiatric & Mental Health Nursing (NUR 414 )
* Primary Health Care (NUR 4)
* Community and Psychiatric Nursing (472)
* Basic of Emergency Care ( CH 243)

***Management Experiences at King Saud University:***

Member in Committee of academic advising, College of Nursing, King Saud University.

Member in Committee of simulation labs College of Nursing, King Saud University.

Organizing member in Gulf Nursing Forum “Specialized Nurse .. Future Vision “ April 2011 at King Fahad Medical City

Organizing member in **Positive** **Thinking and Mental Health Workshop,** campus of sciences and medical applied colleges, King Saud University Saudi Arabia, May 2012

Organizing member in Community & Psychiatric Mental Health Nursing Scientific Day “Integration of Theory to Practice “, 2014

**PRESENTATIONS & WORKSHOP PARTICIPATION**

# PRESENTATIONS

**“ADHD in classroom”**, ADHD awareness program for teachers, 4th school health care unit, Riyadh

**“Elderly Mental Health “**, Elderly International Day , Olisah Primary Health Care Center ,Riyadh . Saudi Arabia, 2012

**WORKSHOP PARTICIPATION**

**“Way To Happiness “, Positive** **Thinking and Mental Health Workshop,** campus of sciences and medical applied colleges, King Saud University Saudi Arabia, May 2012

“**Thinking out of the box”, Mental Health Advising Committee Day ,** college of nursing , King Saud University Saudi Arabia ,2013

# PROFESSIONAL DEVELOPMENT

# *Conferences, Symposia, & Workshops attendance*

International Women’s Mental Health Conference, Al-Kobar , Saudi Arabia , 26-27 February ,2014

Group therapy Workshop, Al-Kobar , Saudi Arabia , 27 February ,2014

2nd PSMMC International Psychiatry Conference, Riyadh, Saudi Arabia 26 -27 November 2013

Psychosocial Intervention in Depression Workshop, Riyadh, Saudi Arabia 27 November 2013

1st Regional Symposium Developmental and Behavioral Pediatrics Riyadh ,Saudi Arabia 16-17 October 2012

1st Saudi ADHD Conference, Riyadh, Saudi Arabia 6-7 December 2011

1st Academic Meeting for Nursing Colleges in Saudi Arabia , Riyadh, Saudi Arabia, 19 May 2010.

Theories, Updates & Issues In Caring for The Elderly, Al-Kobar , Saudi Arabia,16 January 2008

Update in Pediatrics & Neonatology Conference ,Alqatif , Saudi Arabia ,30-31 October 2007

Chronic Disease Preventing, Life investments, Al Dhahran , Saudi Arabia ,February 2007.

Symposium on innovative Health Care in Clinics Riyadh, Saudi Arabia 03 May 2006

Symposium on World Diabetes Day, Riyadh ,Saudi Arabia 11 December 2005

**Other professional membership:**

Member in Saudi Psychiatric Association

Member in AFTA Saudi ADHD Society