Some useful websites for your Listening and Speaking course:

* <http://www.ironicsans.com/thsrs/>
* <http://www.usalearns.org/>
* <https://ar.speaklanguages.com/%D8%A7%D9%84%D8%A5%D9%86%D8%AC%D9%84%D9%8A%D8%B2%D9%8A%D8%A9/%D8%A7%D9%84%D8%B9%D8%A8%D8%A7%D8%B1%D8%A7%D8%AA/>
* <http://www.englishjet.com/english_courses_files/test_level.asp>
* <http://www.englishcentral.com/videos#/anonymous-player>
* <http://www.esl-lab.com/elem/elemrd1.htm>
* <https://www.youtube.com/playlist?list=PL4FC79FF661A2E885>
* <http://www.bbc.co.uk/worldservice/learningenglish/grammar/pron/sounds/vowel_short_1.shtml>
* <http://www.world-english.org/english500.htm>
* <http://learnenglish.britishcouncil.org/en/>