



King Saud University  
Collage of Applied medical Sciences  
Department Of community Health  
Clinical Nutrition

## **Course syllabus of CHS 453**

### **practicum II in Clinical Nutrition**

## Course Syllabus : CHS – 453

<b>Course title and code</b>	<b>Practicum II in clinical nutrition</b>
<b>Program in which the course is offered</b>	<b>Clinical Nutrition program</b>
<b>Credit hours</b>	<b>3 hours practical</b>
<b>Total contact hours per semester</b>	<b>90 hours</b>
<b>Level at which this course is offered</b>	<b>Level 9</b>
<b>Course prerequisites</b>	<b>CHS – 453 (Practicum II in clinical nutrition)</b>
<b>Time</b>	<b>Monday (9-12) (discussion) Tuesday (10.30-1)</b>
<b>Location</b>	<b>Discussion: @ Collage – Olaysha . Practical : @ KKUH</b>
<b>Faculty</b>	<b>Mrs. Taghreed Mazi Miss. Alhanouf Al Alsheikh Miss. Leena Alfreeh</b>
<b>Office Number</b>	<b>10-1-A</b>
<b>Phone</b>	<b>Office: 014355010 ex.122</b>

<b>Email:</b>	<a href="mailto:aalalshiekh@ksu.edu.sa">aalalshiekh@ksu.edu.sa</a> <a href="mailto:lalfreeh@ksu.edu.sa">lalfreeh@ksu.edu.sa</a>	
<b>Office hours</b>	Mrs.Alhanouf: Sat (10 am - 11 am ) Sun (9 am - 11 am ) Wed (9 am - 11 am )  Mrs.Leena : Sat ( 10 am - 12 pm ) Sun (9 am - 11 am ) Wed (9 am - 10 am )	
<b>Course Description</b>	This is a practical course where student will learn how to integrate previous knowledge and acquire skills necessary for hospital work as dietitian .The course focuses on nutritional assessment, planning intervention and follow-up patients for variety of medical conditions including ; Coronary heart . diseases, cancers , surgeries and burns	
<b>Teaching strategies</b>	<b>The course will carry out visits to assigned hospitals and medical institutions to practice nutritional care process followed by class case discussions and presentations.</b>	
<b>Grading</b>	Assignment Case presentations Presentation Quizzes 1 <sup>st</sup> Exam 2 <sup>nd</sup> Exam Attendance and attitude  Total	15 8 15 10 25 25 2  100
<b>References</b>	<ul style="list-style-type: none"> <li>• Manual of Clinical Dietetics by American Dietetic Association.</li> <li>• Food nutrition &amp; diet therapy (Kathleen Mahan, Sylvia Escott-Stump 11th edition 2004</li> </ul>	

## Course Outline

Week	Day	DATE	Topic	Location	Group	Remarks
<b>1</b>	Day 1	30/1	1st meeting - Introduction	Collage	All	
	Day 2	31/1	—	—		
<b>2</b>	Day 1	6/2	Pediatric Assessment 1	Collage	All	
	Day 2	7/2	—	—		
<b>3</b>	Day 1	13/2	Cases discussion	Collage	All	Assig.(1) is due
	Day 2	14/2	Coronary – Adult Hospital visit (1)	KKUH	All	
<b>4</b>	Day 1	20/2	Cases discussion	Collage	All	Assig.(2) is due
	Day 2	21/2	Coronary – Pediatric Hospital visit (2)	KKUH	All	
<b>5</b>	Day 1	27/2	Cases discussion	Collage	All	Assig.(3) is due

	Day 2	28/2	Cancer – Adult Hospital visit (3)	KKUH	All	
<b>6</b>	Day 1	5/3	Cases discussion	Collage	All	Assig.(4) is due
	Day 2	6/3	Cancer – Pediatric Hospital visit (4)	KKUH	All	
<b>7</b>	Day 1	12/3	Cases discussion	Collage	All	Assig.(5) is due
	Day 2	—	—	—		
<b>8</b>	Day 1	19/3	Exam	Collage	All	
	Day 2	20/3	Surgery – Adult Hospital visit (5)	KKUH	All	
<b>9</b>	Day 1	26/3	Vacation ☺			
	Day 2	27/3	Vacation ☺			
<b>10</b>	Day 1	2/4	Case discussion	Collage	All	Assig.(6) is due
	Day 2	3/4	Surgery – Pediatric Hospital visit (6)	KKUH	All	
<b>11</b>	Day 1	9/4	Case discussion	Collage	All	Assig.(7) is due
	Day 2	10/4	Burn – Adult Hospital visit (7)	KKUH	All	

<b>12</b>	Day 1	16/4	Case discussion	Collage	All	Assig.(8) is due
	Day2	17/4	Burn – Pediatric Hospital visit (8)	KKUH	All	
<b>13</b>	Day 1	23/4	Case discussion	Collage	All	Assig.(9) is due
	Day 2	24/4	Exam	Collage		
<b>14</b>	Day 1	30/4	Presentations	Collage	All	
	Day 2	1/4	—	—		
<b>15</b>	Day 1	7/5	Presentations	Collage	All	
	Day 2	8/5	—	—		

### **General course instructions :**

- Student are expected to attend classes on time, a 15 minutes delay will be considered as absence!
- Mobile phone is to be switched to silence mood and placed inside student's bag during practical and discussion classes, texting is not allowed during class.
- Assignment are expected to be handed to the instructor at the beginning of the discussion class. Delayed assignment will not be accepted unless an official medical excuse is attached.
- Students are expected to attend all two of the exams, however, absence in any will count as a total marks of zero out of 25. Second chance is not permitted unless official medical excuse is presented within a week from the missed exam date:.
- This syllabus may be able to change .

### **While in hospital :**

- Dress conservatively as with the collage defined uniform (long black skirt, lab coat, head scarf to fully cover the hair). Students showing otherwise will be excluded from the ward visit and marked as absent!.
- Respect the privacy of patients .
- Maintain order, silence and good public manners.
- Students are prohibited to disclose any information of the patient's file with the patient him/her self or any other on his/her behalf.
- Students are prohibited from performing any kind of intervention or interfering with the health care process at the hospital.