**Course No.:** NURS 211

**Course Title: Introduction to Nursing Profession**

**Credit Hours:** 2 (2+0+0)

**Pre-requisite:** None

**Co-requisite:** None

**Level:** Three

**Course instructor: Dr. Abdualrahman Alshehry**

**Course Description:**

This course introduces the beginnings of nursing to the student in terms of the history of nursing, its nature and roles. The course has been prepared to provide the student with basic information, ethical and legal aspects of nursing care. Emphasis will be placed on critical thinking and the nursing process as a basis for the practice.

**Course objectives:**

Upon completion of this course, the student will be able to:

1. Gain information related to the unique and essential role of nurses in health care.
2. Examine the development of nursing as a profession internationally and nationally.
3. Analyze the core concepts of the art and science in nursing.
4. Describe the health care system factors influencing the delivery of health care.
5. Explain the relationship of nursing to other health professions and the health care system within the WHO context.
6. Recognize the holistic nursing care along the health – illness continuum.
7. Discuss professionalism components in nursing discipline.
8. Identify the basis of the unique body of knowledge of nursing discipline.
9. Compare between the international, Islamic and national code of ethics
10. Realize the responsibility of the nurse associated with ethical-legal issue
11. Differentiate the educational preparations and the Saudi classifications for various levels of nursing practice.
12. Comprehend the need for continued personal and professional growth in nursing.

**NUR 211 Course Timetable 2st term 1436-1437H (2015-2016)**

**(Sunday 8-10am -2 sections; Monday 9-11 am – 1 section)**

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| **Weeks** | **Class Date** | **Course Content & Activities** |
| **1** | 7-8/4/1437  17-18/1/2016 | Orientation & registration |
| **2** | 14-15/7/1437  24-25/1/2016 | Introduction to the course |
| **3** | 21-22/4/1437  31/1/2016  1/2/2016 | **Nursing; The history and evolution**  • Defining nursing – Key attributes of nursing  • The purpose of nursing  • The practice of nursing  • History of nursing in Islamic  • Evolution of modern nursing  • Development of nursing in Saudi Arabia |
| **4** | 28-29/4/1437  7-8/2/2016 | **Nursing ; The profession (1)**   * Profession definition * Comparison between occupation and profession * Criteria of a profession * Role of a professional nurse ( practices, education and research ) * Different association in nursing International, regional and national |
| **5** | 5-6/5/1437  14-15/2/2016 | **Quiz 1**  **Nursing; The profession (2)**   * + - Standards of Professional Practice.     - Scope of Nursing Practice.     - Professionalism qualities |
| **6** | 12-13/5/1437  21-22/2/2016 | **Nursing ; The art and science (1)**  • Impact of social and scientific change on nursing development  • Nursing process as a basis for the practice ( source of knowing and information management ) |
| **7** | 19-20/5/1437  21-22/2/2016 | **Nursing ; The art and science (2)**  • Caring: The Core of Nursing  • Integrating nursing knowledge into clinical practice |
| **8** | 26-27/5/1437  6-7/3/2016 | **Midterm Exam** |
| **9** | 4-5/6/1437  13-14/3/2016 | **Vacation** |
| **10** | 11-12/6/1437  20-21/3/2016 | * **Guest speakers** |
| **11** | 18-19/6/1437  27-28/3/2016 | **Quiz 2 Nursing ; Health and illness perspective**  • health and illness |
| **12** | 25-26/6/1437  3-4/4/2016 | **Nursing ; Health care system context**   * [component of Health Care System -Resources and Nursing](https://www.google.com.sa/url?sa=t&rct=j&q=&esrc=s&source=web&cd=30&cad=rja&uact=8&ved=0CIQBEBYwCTgU&url=http%3A%2F%2Fwww.academia.edu%2F5180277%2FAnalysis_of_Health_Care_System_-Resources_and_Nursing_Sector_in_Saudi_Arabia_Analysis_of_Health_Care_System_-Resources_and_Nursing_Sector_in_Saudi_Arabia&ei=snsPVNjjEYe1POGjgagM&usg=AFQjCNEENn_HRAbum-95dvzBcdWt4BjZQA&sig2=Dz-4rOUIAHlb3Uzr9NlZ2Q)in KSA * Nursing and the healthcare team |
| **13** | 2-3/7/1437  10-11/4/2016 | **Nursing ; Ethical and Legal concepts**   * Ethics concept * Legal concepts * Islamic Ethical Principles |
| **14** | 10-11/7/1437  17-18/4/2016 | **Project presentation**  **Submission of final project presentation methods, & tools** |
| **Final Exams** | | |

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| **Schedule of Assessment** Tasks for Students During the Semester | | | |
| **Assessment** | **Assessment tasks (eg. essay, test, group project, examination etc.)** | **Week due** | **Proportion of Final Assessment** |
| 1 | Participation/ discussion | Throughout the semester | 5 Marks |
| 2 | Home works | Throughout the semester | 10 Marks |
| 3 | Quiz 1 | 5 | 10 Marks |
| 4 | Quiz 2 | 11 | 10 Marks |
| 4 | Midterm | 8 | 15 Marks |
| 5 | Project | 15 | 10 Marks |
| 6 | Final exam | 16-18 | 40 Marks |
|  |  | Total | 100 Marks |

**Course References**

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| 1. **Required Textbooks**  * Kozier B, Erb G, Blais K. “Fundamental of Nursing: Concepts, Process and Practice” Prentice Hall; 8th ed. (May 2008) ISBN-13: ISBN-13:  9780131714687 * Cresia, J.L., & Parker, B. (4th ed). Conceptual foundations: The bridge to professional nursing practice. Mosby (2007) ISBN-13: 9780323036597. |
| 2**. Essential References**   * **Celia, H *Nursing in Today's World: Trends, Issues & Management, 9th Edition.*** Lippincott Williams & Wilkins**(2007)** ISBN-13: 978-0781765251**.** * Alfaro-LeFevre, Rosalinda.*. Critical thinking and clinical judgment - A practical* *approach.* (4th ed). Saunders, (2009) ISBN: 978-1-4160-4473-4 |
| 3- **Recommended Books and Reference Material (Journals, Reports, etc) (Attach List)**   * Kearney, R. Advancing your career: Concepts of professional nursing. (3rd ed). Philadelphia: F. A. Davis. (2005) ISBN-13: 978-0803608078 * Chitty, K. K. and Black, B. P. *Professional nursing, concepts and challenges.* (5th ed.).Philadelphia: W. B. Saunders C. (2007) ISBN-13: 9781416044734 |
| 4-.**Electronic Materials, Web Sites etc**  1.<http://www.nursingworld.org/DocumentVault/APRNs.aspx>  2. <http://www.deltaomega.org/nurse1.pdf>  3. <http://www.aacn.nche.edu/Publications/WhitePapers/FacultyShortages.htm>  4. <http://www.nln.org/aboutnln/PositionStatements/innovation.htm>  5. <http://www.nurses.info/nursing_theory.htm>  6. <http://www.ana.org/ethics/ecode.htm> |

**Prepared by:**

**NUR 211 TEAM**