

- Hemolysis (from the Greek Hemo: meaning blood, lysis, meaning to break open).
- It is the **breaking open** of <u>red blood cells</u> and the release of hemoglobin and the red cell contents into the surrounding fluid (plasma).
- Hemolysis may occur *in vivo* or *in vitro*.



Hemolysis *in-vivo*

- Conditions that can cause hemolysis include:
- 1. Immune reactions
- 2. Infections
- 3. Medications
- 4. Toxins and poisons

Hemolysis in-vitro

- 1. Improper technique during collection (e.g. incorrect needle size, excessive suction)
- 2. pH imbalance (addition acid or base)
- 3. Placing RBCs in a hypotonic solution

Note: In this lab blood hemolysis will be done by using hypotonic solutions and pH imbalance.

When Blood Hemolysis Should Be Done?

- Breaking down RBCs to release their content
- Estimation of <u>hemoglobin</u>
- To obtain <u>erythrocyte free preparation</u> of leukocyte and platelet

Osmosis:

- It is the diffusion of solvent molecules across a <u>semi-preamble</u> membrane into a region of <u>higher</u> solute concentration.
- Once an *equilibrium* is reached the flow of water stops.

Osmotic pressure: the <u>pressure</u> exerted by a <u>solvent</u> passing through a semi-permeable membrane in osmosis.



Tonicity

Types of solutions:

Isotonic

- A solution that has the <u>same solutes concentration</u> as the normal cells of the body and the blood, having equal osmotic pressure.
- Example of Isotonic solution is sodium chloride 0.9% (normal saline), have the same osmotic pressure as serum and they <u>do not affect the membranes of the RBCs.</u>
- In hospitals, intravenous fluids are <u>isotonic</u>.

Solute inside the cell = Solute outside the cell



Types of solutions:

> Hypotonic

- In a hypotonic solution, there is a <u>lower concentration of solute outside a cell</u>, creating an environment with <u>lower osmotic pressure</u> than what is contained within the cell.
- The RBCs will burst or hemolyzed.
- Any concentration of NaCl that is **lower than 0.9%**, will be considered hypotonic for cells.

Solute outside the cell < Solute inside the cell



H₂O

Types of solutions:

> Hypertonic

- In a hypertonic solution, there is a <u>higher concentration of solute outside a cell</u>, creating an environment with <u>higher osmotic pressure</u> than what is contained within the cell.
- The RBCs will be shrink.
- Any concentration of NaCl that is **higher than 0.9%**, will be considered hypertonic for cells.

Solute outside the cell > Solute inside the cell







Objectives

- 1. To detect the <u>presence of hemolysis</u> in blood sample.
- 2. To detect the <u>presence of blood</u> in a biological sample.

Calculations

How many <u>grams</u> of NaCl are needed to prepare <u>100 ml</u> of isotonic solution, knowing that the osmolarity of RBC = <u>0.308 Osmolar</u>?

First: Calculate the molarity from osmolarity equation: [1]

Osmolarity = 0.308 Osmolar

No. of dissociation particles = 2, since NaCl \rightarrow Na⁺ + Cl⁻

 \rightarrow M= $\frac{\text{Osmolarity}}{n} = \frac{0.308}{2} = 0.154 \text{ M}$

[1] Osmolarity = M x n Where: M = molarity n= No. of dissociation particles

Pause and think Why do you think it is important to prepare isotonic solutions?

Calculations

Second: Calculate the No. of moles expressed in (w/v %): [2]

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To calculate in w/v \rightarrow M = No. of moles / V (in L)
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\rightarrow No. of moles = M x V (in L) =
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 \rightarrow 0.154 (from step 1) x 0.1 (100 ml, because you want it as %)= 0.0154 moles

Third: Calculate weight in grams knowing that Mwt of NaCl = 58.5 g/mol: [3]

- \rightarrow Wt (g) = No. of moles x Mwt =
- \rightarrow 0.0154 (from step 2) x 58.5= <u>0.9 g</u> in 100 ml then 0.9% w/v

= 0.9 % \rightarrow the concentration of NaCl that will make an isotonic solution



Experiment (1): Hemolysis Test

Method

1. Label 6 tubes (A \rightarrow F). Then, add 1 ml of RBCs suspended in saline into each tube

	Tube A	Tube B	Tube C	Tube D	Tube E	Tube F
NaCl 0.45%	5 ml					
NaCl 1.2%		5 ml				
Sucrose 6%			5 ml			
NaOH 2 M				3 drops		
HCl 0.1 M					3 drops	
Dis. Water						5 ml
NaCl 0.9%				5 ml	5 ml	

- 2. Wait 30 min
- 3. Observe wither hemolysis has taken place

Pause and Think What type of solution is distilled water considered?

Results



A Normal, non-hemolyzed sample

B Sedimented after one hour

C Hemolyzed sample

Experiment (2): Detection of Blood by Benzidine Test

It is often necessary to detect the presence of small quantities of blood in urine, stomach contents etc.

Principle

- This method depend on the fact that the heme group of hemoglobin possesses a peroxidase-like activity which catalyzes the breakdown of hydrogen peroxide (H₂O₂).
- The oxidizing species formed in this reaction can then react with benzidine giving blue greenish color.

Heme (hemoglobin) + $H_2O_2 \rightarrow H_2O + [O]$

[O] + benzidine \rightarrow blue greenish complex

Note: the test is <u>not specific</u> for blood as peroxidases present in milk, potatoes and pus, as well as the ions of Fe^{+3} , Cu^{+2} and K^{+1} will give false positive results

Experiment (2): Detection of Blood by Benzidine Test

Method

- Place 3 ml of sample in a boiling water for 3 min
- Cool it under tap water
- Add 2 ml Benzidine + 1 ml H_2O_2

Results

- If the test is **negative** \rightarrow blood is <u>absent</u> from sample.
- If the test is **positive** \rightarrow blood is probably **<u>not definitely</u>** present in sample.
- ➢ For this reason these tests are often described as <u>"presumptive tests"</u>.







Homework:

- **a.** Why 0.9 saline solution is used in vaccine ?
- **b.** Why does salt water help to reduce swollen gums?
- c. How many grams of sucrose are needed to prepare 100 ml of isotonic solution expressed in (w/v%),

knowing that the osmolarity of RBC = 0.308 Osmolar ?