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### **Research update for articles published in EJCI in 2014**

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Adiponectin and p53 mRNA in epicardial and subcutaneous fat from heart failure patients [1] (Rosa María Agra and Sonia Eiras)

Our findings showed that p53 mRNA expression levels are upregulated in epicardial adipose tissue (EAT) from patients with heart failure (HF). This upregulation was also found in myocardium [2]. Our group have described its upregulation in EAT by sympathetic system. However, in myocardium, Lu TM et al [2] have described the low Sirt1 expression as upregulator of the proapoptotic molecules through p53 [2] and Miller EJ et al showed that apoptosis and systolic dysfunction through p53 can be induced by partial liver kinase B1 deficiency [3]. Thus, in mice with myocardial infarction the early administration of olmesartan prevents cardiac rupture through the inhibition of p53 apoptosis activity [4] and also in vitro knockout of miR-155 in cardiac fibroblasts improves cardiac remodeling by down-regulation of p53. Even, in endothelial cells, its suppression can also increase angiogenesis through Hif-1 regulation [5-6]. These results suggest that p53 is a mediator and a therapeutic target in HF.

Dynamics of serum-induced endothelial cell apoptosis in patients with myocardial infarction [7] (Cesar Rios-Navarro and Vicente Bodi)

Recently, several in vivo studies have reinforced our previous conclusion. Firstly, the integrity and functionality of the endothelial cells (EC) after a myocardial infarction (MI) were evaluated in a rodent model of MI by determining nuclear damage, cell-to-cell connections and endothelium permeability. In consonance with our results, EC injury post-MI began during the ischemic conditions, reaching its maximum after reperfusion [8]. Secondly, EC dysfunction plays a pivotal role in microvascular obstruction (MVO), which is a strong long-term predictor of mortality post-MI. Our group studied MVO sequentially in a controlled swine model of reperfused MI. It was demonstrated that this process started immediately after reperfusion and peaked at the acute phase (Figure 1) [9], coinciding with the time frame in which the EC viability was mostly compromised. Lastly, it has been proposed that EC apoptosis may be triggered by NLRP3 inflammasome through the up-regulation of this pathway in MI derived-EC [10].

Increased soluble CD36 is linked to advanced steatosis in nonalcoholic fatty liver disease [11] (Carmelo García-Monzón and Águeda González-Rodríguez)

Since we reported that a positive correlation exists between serum levels of soluble CD36 (sCD36) and the histological grade of steatosis in non-alcoholic fatty liver disease (NAFLD) [11], no further evidence has been provided elsewhere modifying this statement. While in the last 2 years the key role of hepatocyte-specific CD36 expression in the development of fatty liver, by modulating the rate of free fatty acids uptake in hepatocytes [12-13] as well as the significance of sCD36 as prognostic biomarker for diabetic nephropathy [14] have been reinforced, no new

evidence exists so far on the value of sCD36 as non-invasive biomarker of advanced steatosis in NAFLD. We propose that measurement of circulating sCD36, alone or in combination with other risk factors we have recently reported [15], is useful to identify those NAFLD patients with higher degrees of steatosis. This hypothesis, however, must be validated in large cohorts of biopsy-proven NAFLD patients.

Incretins, amylin and other gut-brain axis hormones in children with coeliac disease [16] (Maria Papastamataki and Ioannis Papassotiriou)

Our publication revealed a different secretion pattern of gut-brain axis hormones in children with coeliac disease and especially in those with coeliac disease and type-1 diabetes mellitus, potentially acting as a model. Nowadays, new efforts are focused in elucidating the implication of neuropeptides in the microbiota-gut-brain-axis and to address the information carriers from the gut to the brain and vice-versa. To this end, the vagal and spinal afferent neurons, the immune mediators such as cytokines, the gut hormones and the gut-microbiota-derived signaling molecules, in the one way; and the sympathetic efferent neurons, the parasympathetic efferent neurons, the neuroendocrine factors involving the adrenal medulla and neuroendocrine factors involving the adrenal cortex, in the other way, are investigated step by step in these pathways in order to provide novel potential targets to treat metabolic disorders in several studies [17-19]. The role and cross-talk of Brain-Derived-Neurotrophic-Factor with gut-brainaxis hormones in patients with coeliac disease has currently been investigated by our group [20-21].

Irisin as a predictor of glucose metabolism in children: sexually dimorphic effects [22] (Nasser M. Al-Daghri and Shaun Sabico)

In 2014, our group observed that circulating irisin in children influence glucose levels in a sexual dimorphic manner with preponderance in girls [22]. Recent evidence confirms the sexual dimorphic differences in irisin levels in lean adults, not in obese subjects, but only after acute, high intensity endurance exercise [23]. Animal studies also demonstrated the effects of female sex hormones in irisin levels among ovariectomized female rats, but not in orchiectomized male rats [23]. Furthermore, the association of irisin levels in glycemic metabolism is reinforced in several recent studies, with elevated irisin levels being an independent predictor of diabetes mellitus and Homeostatic Model Assessment – Insulin Resistance (HOMA-IR) in adults [24-25]. The association of irisin however to insulin resistance is positive in adults as opposed to inverse association in children in our 2014 study. Circulating irisin's significant positive association between insulin resistance and pubertal stage were nevertheless demonstrated among obese children [26].

Recovery of upper limb muscle function in chronic fatigue syndrome with and without fibromyalgia [27] (Kelly Ickmans and Jo Nijs)

Recent work [28-29] strengthens the notion that patients fulfilling the diagnostic criteria for Chronic Fatigue Syndrome (CFS) and Fibromyalgia (FM) represent a more homogenous subgroup within the heterogeneous CFS population [27]. We found that the CFS+FM but not the CFS-only group presented with 1) significantly lower pressure pain thresholds; 2) enhanced temporal summation of pain; and 3) associations between descending nociceptive inhibition and cognitive performance [28]. Further, it was found that people with CFS+FM showed

significantly decreased cognitive performance compared to those with CFS alone [29]. Finally, fulfilment of the different diagnostic criteria for CFS did not generate a different clinical picture, whereas a diagnosis of CFS+FM selected symptomatically worse and more disabled patients [30]. Delayed muscle recovery following exercise, as shown in our 2014 study [27], might be due to impaired activation of AMP kinase, impaired stimulation of glucose uptake and diminished release of interleukin-6 as shown in skeletal muscle cultures of people with CFS [31].

### Changes in adiponectin level and fat distribution in patients with type 2 diabetes [32] (Tomasz Miazgowski and Aleksandra Taszarek)

In addition to our initial results, further studies confirmed a relatively weak direct effect of metformin given alone on adiponectin level in patients with type 2 diabetes (T2DM). However, metformin given in combination with exanatide (GLP-1 agonist) [33] or exenatide and biphasic insulin aspart [34] significantly increased serum concentration of this adipokine. This effect is greatly influenced by improvements in insulin sensitivity and magnitude of weight reduction. On the other hand, although adiponectin is known to promote insulin sensitivity, new studies showed the paradoxical association between high serum adiponectin levels and increased cardiovascular mortality rate, suggesting an unexpected deleterious role of adiponectin on atherosclerotic processes in T2DM [35]. Similarly, while we could not demonstrate the effect of metformin on visceral fat (VF), recent studies suggest than other anti-diabetic agents, such as ipraglifrozin alone [36] or miglitol combined with sitagliptin [37], may be more potent in the reduction of VF.

Parvovirus B19 at the culprit coronary stenosis predicts outcome after stenting [38] (Giampaolo Niccoli and Anna Severino)

Since our paper has been published, interesting studies have explored the possible mechanisms involved in the tropism of Parvovirus (PV) B19 for different cell types [39], including endothelial cells [40-41], erythroid progenitor cells [42] and T-cells [43]. Altered function of these cell types might be responsible for the occurrence of major adverse cardiac events (MACE) after coronary stenting in different ways, thus supporting the main observation of our paper. In particular, Anbarlou and collegues have shown that miRNAs may be involved in regulation of PVB19 replication in different cell types, allowing structural protein expression in non-permissive cells [39]. PVB19 uptake into endothelial cells seems to be enhanced by an antibody-mediated mechanism that involves a receptor for complement factor C1q [40]. Moreover, it has been hypothesized that B19V is a perpetrator of impaired endothelial regeneration and that B19V infection might result in dysfunctional endogenous vascular repair [41]. Finally, PVB19-specific CD4+ T-cells have been identified with high cytolytic potential [43] These cytolytic T-cells could have a role in the pathogenesis of some autoimmune disorders reported to be associated with PVB19, and also in target-lesion complication after coronary stent implantation.

Simvastatin and bezafibrate increase cholesterol efflux in men with type 2 diabetes [44] (Robin P.F. Dullaart and Uwe J.F. Tietge)

The focus of high density lipoprotein (HDL) research is currently being shifted from HDL cholesterol quantification towards determination of HDL's functional properties and HDL subfraction measurement. Indeed, the documentation that the capacity of HDL to stimulate

efflux of cholesterol out of macrophages in vitro (cholesterol efflux capacity; CEC) predicts incident atherosclerotic cardiovascular events even independent from HDL cholesterol [45], a close predictor of CEC [46], has boosted interest in HDL functionality measurement. Intriguingly, CEC may predict renal graft failure as well [47]. While our study has demonstrated that simvastastin, bezafibrate and their combination increase CEC in diabetic men [44], variable results of lipid modifying treatment on CEC have been reported since using various statins in other patient groups [48]. No additional information has been published regarding the effect of statin and fibrate administration on other metrics of HDL functionality, including its antioxidative, anti- inflammatory and other potentially important atheroprotective properties.

Endothelial function and carotid intima-media thickness in giant-cell arteritis [49] (Franz Hafner and Thomas Gary)

Recent reports indicate that contrast-enhanced ultrasonography might improve the visualization of the carotid wall and its vascularization as a marker of disease activity [50].

In addition to previously published data, we investigated endothelial function and carotid intima-media thickness (C-IMT) in an age- and gender matched control group without vasculitis. Forty-five (64.4% female) subjects underwent measurement of flow-mediated dilatation (FMD) and C-IMT at baseline and 6 months thereafter. Mean FMD did not vary between baseline (2.6 ± 3.1%) and 6 month control [2.7 ± 3.1% (p=0.858)]. In contrast to the reported significant decrease of carotid IMT in giant cell arteritis under steroid treatment [49], C-IMT increased in control subjects between baseline (0.68 ± 0.10mm) and 6 month control [0.71 ± 0.09mm (p=0.004)]. These findings reinforce our statement that, in contrast to endothelial function, steroid therapy significantly improves carotid intima-media thickness in giant-cell arteritis, which reflects the specifity of giant-cell arteritis for cerebrovascular arteries [49].

Retinol-binding protein 4 levels and susceptibility to ischaemic events in men [51] (Judit Cubedo and Lina Badimona)

We reported decreased retinol-binding protein 4 (RBP4) systemic levels in men in the earlyphase of acute-myocardial-infarction (AMI) and in familial-hypercholesterolemia (FH)-patients before the presentation of an ischemic event, and a potential vasculoprotective role of RBP4 through NO and PGI2 [51]. In line with these findings, decreased RBP4 levels were found in patients with high total-cholesterol levels [52], highlighting that the reported results are not exclusive to FH-patients. On the opposite side of cardiovascular risk, increased RBP4 levels were reported in patients with activated anti-atherosclerotic defences (Bartter's/Gitelman'ssyndrome) together with an increased NO-mediated vasodilation, again supporting our results [53]. Interestingly, an association between RBP4 levels and coronary lesion complexity in women with stable coronary-artery-disease and acute-coronary-syndromes [54] was reported, underscoring the previously reported sex influence on RBP4 levels. All these evidence highlight the need for further studies to advance our mechanistic understanding of RBP4 function and to design clinical studies to determine the role of this intriguing adipokine in cardiovascular disease progression and clinical event presentation.

Residual thrombin generation potential is inversely linked to the occurrence of atherothrombotic events in patients with peripheral arterial disease [55] (Thomas Gremmel)

No new evidence on the association of thrombin generation potential with the occurrence of atherothrombotic events has accumulated in patients with peripheral arterial disease (PAD). However, in another study, we investigated the predictive value of protease-activated receptor

(PAR)-1 mediated platelet activation for ischemic complications in patients undergoing infrainguinal angioplasty with stent implantation for PAD [56]. We found that high PAR-1 mediated platelet surface expressions of P-selectin and activated glycoprotein IIb/IIIa were strong predictors for target vessel restenosis/reocclusion and atherothrombotic events in these patients. These findings are in line with our initial hypothesis that a low remaining thrombin generation potential in vitro may be the consequence of continuously ongoing thrombin generation in vivo with consecutive subclinical platelet activation. Pre-activated platelets may respond stronger to additional stimuli and thereby predispose patients for future cardiovascular events.

Inferior vena cava parameters predict re-admission in ischaemic heart failure [57] (Federico Carbone and Fabrizio Montecucco)

In the two years following the publication of the study "Inferior vena cava parameters predict re-admission in ischaemic heart failure" [57], we were unable to find any new evidence about the early re-admission rate of patients with heart failure (HF) that was higher in ischaemic heart disease (IHD) group as compared to non-ischemic patients.

With regard to the statement that change in inferior vena cava (IVC) minimum diameter from admission to discharge was the best predictor of re-admission in patients with IHD, some studies partially reinforced it. The respiratory collapse of the IVC was consolidated as an approach to monitor the therapeutic response in patients admitted for HF [58]. Other studies confirmed the predictive role of IVC measurements (either as maximum diameter [59-60] and inspiratory collapse [61]) as predictor of mortality in patients with HF. Although further studies are required, the IVC parameters may be useful to stratify high-risk patients.

Short-term Type-1 diabetes differentially modulates 14-3-3 proteins in rat brain and liver [62] (Antonio Gnoni and Federica Taurino)

Recently, it has been reported [63] that in the cerebral cortices of diabetic animals with middle cerebral artery occlusion (MCAO) injury, the 14-3-3 proteins (14-3-3s) levels were decreased thus supporting our data [62].

It has been demonstrated [64] that in the brain cortex and hippocampus of insulin-resistant rat, the 14-3-3s mRNA and protein levels were altered. These results mainly corroborate our findings [62]; however, some discrepancy was reported (e.g. 14-3-30 protein level). There are several possible explanations for this result: i) in [62] the protein levels were measured in both brain cytosol and nuclei while in [64] it was employed a tissue homogenate, ii) in [62] we used a type-1 diabetes mellitus (T1DM) animal-model that is insulin-sensitive.

Recent evidence [65] indicates that alterations in the 14-3-3s phosphorylation may contribute to the Parkinson's disease (PD). Interestingly, it was found that 14-3-30 protein levels were altered in the brain cortex and substantia nigra of human PD brains, thus creating an intriguiging connnection with our results in T1DM brains [62].

Decreased cholesterol efflux capacity in patients with low cholesteryl ester transfer protein plasma levels [66] (Andreas Ritscha and Winfried März)

Our suggested concept that low plasma cholesteryl ester transfer protein (CETP) concentrations might lead to impaired HDL function within the reverse cholesterol transport is in good agreement with several subsequently published clinical studies. Firstly, following torcetrapib and dalcetrapib, the third CETP inhibitor evacetrapib failed to prevent cardiovascular events

despite an apparent substantial increase in high-density lipoprotein cholesterol (HDL-C) [67]. Secondly, we were able to show that parameters reflecting high-density lipoprotein (HDL) functionality are able to predict cardiovascular outcome [68]. Thirdly, cholesterol efflux capacity has been shown to be inversely associated with the incidence of cardiovascular events [69] and hence can serve as an independent measure for predicting all-cause and cardiovascular mortality [70]. We have extended these investigations to patients at high risk for cardiovascular events and found that low cholesterol efflux capacity constituted an independent risk factor for cardiovascular death [71]. Winding up the vast majority of these data is reinforcing our initial findings. Current evidence warrants that future research focuses on HDL function rather than on the HDL cholesterol plasma concentration.

New vasoactive peptides in cirrhosis: organ extraction and relation to the vasodilatory state [72] (Søren Møller and Nina Kimer)

Recent research has elaborated and developed statements related to copeptin and atrial natriuretic peptide. Copeptin is released by inflammation or hemodynamic stressful conditions [73] and is elevated in patients with heart failure and related to pro-ANP and reduced renal and systolic function [74]. Galectin 3 is a new marker of inflammation that is increased in heart failure and associated with pro-ANP, copeptin, and renal dysfunction [74]. The pathophysiological importance of galectin 3 in cirrhosis is yet unknown. Kerbert et al. confirmed increased copeptin in cirrhosis, and reported relations to circulatory dysfunction, severity of cirrhosis and to transplant-free survival [75]. Experimental and clinical results from the same group showed that copeptin correlated with MELD and MELD-Na scores indicating a potential benefit of combining copeptin with specific prognostic scores [76].

Data from the last two years reinforces the involvement of pro-ANP and copeptin in the pathophysiology of cirrhosis. New aspects include independent prognostic value of copeptin and development of new biomarkers of complications of cirrhosis, such as galectin 3.

Impaired resolution of inflammation in human chronic heart failure [77] (Marta Reina-Couto and Teresa Sousa)

We previously described that higher severity of heart failure (HF) is associated with reduced levels of lipoxins (LXs) [77]. Meanwhile, increasing evidence has accumulated regarding the cardiovascular and metabolic protective effects of specialized proresolving mediators that might delay the onset and progression of HF [78-79]. Post-hoc analysis of our data in HF patients revealed that plasma 15-epi-LXA4 (ng/mL) inversely correlates with triglycerides (TG, mmol/L)) and with the TG-to-high-density lipoprotein cholesterol ratio (TG/HDL-c), which is in line with recent reports that LXs promote reverse cholesterol transport [78]. Additionally, we observed inverse correlations between the urinary excretion of LXs (U-LXA4 and U-15-epi-LXA4, µg/day) and age (years), and positive correlations of U-15-epi-LXA4 (µg/day) vs weight (kg) and vs estimated glomerular filtration rate (eGFR, mL/min). These results emphasize the interest in the therapeutic use of drugs that stimulate 15-epi-LXs production, like aspirin, statins and ticagrelor [80-81].

## Delayed vasodilation is associated with cardiovascular risk [82] (Cesare Tripolino and Concetta Irace)

In a recent issue we have explored the physical properties of carotid artery (i.e. elasticity) in subjects with different kinetic of brachial artery flow mediated dilation (FMD) [83]. Increased arterial stiffness is an independent predictor of morbidity and mortality and thus a useful cardiovascular risk biomarker [84]. Our results demonstrated that subjects with delayed

vasodilation had increased carotid stiffness ( $4.7\pm1.6$  vs  $7.4\pm3.9$ ) and reduced distensibility ( $12.8\pm7.4$  vs  $16.3\pm5.6$ ) compared with subjects having an early vasodilatory response.

To further define the cardiovascular risk associated with delayed FMD, we have explored its relationship with the low flow mediated constriction [85]. In condition of low flow (such as during cuff inflation), brachial artery constrains and this phenomenon is associated with cardiovascular risk factors and coronary artery disease [86]. In our population, subjects with delayed FMD had a more pronounced low flow mediated constriction than individuals with early response (0.67±5.2 vs 1.22±4.7).

# Urinary proteomics in obstructive sleep apnoea and obesity [87] (Ian W Seetho and John PH Wilding)

We postulated that there may be a role for urinary proteomic profiling with capillary electrophoresis-mass spectrometry (CE-MS) in characterising urinary profiles in severely obese populations with obstructive sleep apnoea (OSA) [87]. Following on from this study, we studied the urinary peptide profiles in severely obese subjects with OSA on continuous positive airway pressure (CPAP) treatment and controls without OSA. A urinary proteome comprising 15 peptides was identified using CE-MS that showed differential expression between the two groups. Although correction for multiple testing did not reach significance, sequences were determined for 8 peptides interestingly demonstrating origins from collagens, fibrinogen beta chain and T-cadherin that may be associated with perturbations in vascular function and a potential mechanistic link with cardiovascular disease that is observed in OSA [88]. The evidence that has accumulated thus far reinforces our hypothesis that urinary proteomics may have a potential role in studying OSA, including investigating mechanisms underlying OSA complications and its treatment.

Subclassification of left ventricular hypertrophy based on dilation stratifies coronary artery disease patients with distinct risk [89] (Baotao Huang and Mao Chen)

The clinical relevance of the new classification of left ventricular hypertrophy has been tested in other cohorts of general population and patients with hypertension. A recent published review by Garg et al. summarized the accumulating evidence elaborately [90]. In general, longitudinal studies showed that no matter eccentric or concentric hypertrophy, subjects with dilated left ventricle are at higher risk of adverse prognosis; furthermore, all but one studies corroborated the benign phenotype of eccentric nondilated left ventricular hypertrophy [91, 92]. Nevertheless, the predictive value of the new classification of left ventricular (LV) geometry beyond or independent of left ventricular mass was questioned [93]. In additional, the relationship between time-varying changes of left ventricular geometry and clinical outcomes has not been evaluated. Other studies, using two- or three- dimensional echocardiographic technology, observed structural and functional characteristics of left ventricle, left atria, and right ventricle across different LV geometry in hypertensive subjects.

Advanced oxidation protein products and ischaemia-modified albumin in obstructive sleep apnea [94] (Serkan Ozben and Tomris Ozben)

In our previous study, we detected high systemic oxidative stress as reflected by increased advanced oxidation protein products, total oxidative status and reduced total antioxidative capacity with no marked change in ischaemia-modified albumin (IMA) levels in obstructive sleep apnea syndrome (OSAS) [94]. Further studies performed after our study reported significantly increased IMA levels and oxidative stress which decreased after continuous positive airway pressure [95-98]. While oxidative stress results of these studies are in

accordance with our data, IMA results are in contrast to ours and weaken our conclusion. This discrepancy on IMA might be due to differences in study design, variability in sampling and methods and different demographical characters of the patients. Conflicting results exist between IMA levels and BMI and obesity. In order to accept IMA as a potential biomarker, multivariate analysis and validation studies need to be performed in a large number of OSAS patients.

Renal denervation in multiple renal arteries [99] (Michiel Voskuil and Willemien Verloop)

After publication of our manuscript in 2014, more insight has been gathered regarding the technical challenges in renal denervation. After publication of the neutral outcome of the randomised HTN-3 trial [100], more attention has come to this subject. Particularly, assessing a reliable read-out of the procedure seems crucial. New techniques using assessment of sympathetic renal nerve activity recently showed a residual source of sympathetic tone in accessory arteries. This may result in persistent hypertension in these patients and thereby explain the large response variability after renal denervation in general [101]. These publications led to an increased call for strict selection of patients and guidance of the procedure [102]. Also, different designs of future studies using a more aggressive ablation technique hopefully move this interesting field of research forward [103].

Recurrent thyroid cancers have more peritumoural lymphatic vasculature than nonrecurrent thyroid cancers [104] (Tommi Hakala and Ivana Kholová)

The lymphatic system plays an essential role in the tissue fluid homeostasis, immune surveillance and fat metabolism. Despite its crucial functions, it is still somewhat forgotten part of the circulatory system [105]. We have studied lymphatic vasculature in thyroid cancer that is the most common endocrine malignancy. A high density of peritumoural lymphatic vessels was found in recurrent papillary carcinomas being a potential marker for more aggressive and recurrence-prone tumours [104]. Tumour microenvironment including immune cells is crucial for tumour development. Furthermore, angiogenesis and lymphangiogenesis have a pivotal role in tumour growth and spread. Tumour and immune cells produce pro- and anti-angiogenic factors in the tumour microenvironment [106]. Lymphangiogenesis has an emerging role in various inflammatory processes. Lymphatic vasculature is markedly remodelled by inflammation and may itself impact inflammation [107, 108]. The cross-roles of tumour development, inflammation and lymphangiogenesis await further studies.

Gender, age and risk of ST segment elevation myocardial infarction [109] (Ville Kytö and Jussi Sipilä)

There is accumulating evidence on gender differences of epidemiology, pathophysiology and outcomes of coronary artery disease [110]. In addition to ST segment elevation myocardial infarction (STEMI), men also have increased risk of two other acute coronary subtypes, namely non-ST-elevation myocardial infarction (NSTEMI) and unstable angina. In the same background population in which men had a 3.0 fold risk for STEMI [110], their risk of both NSTEMI [109] and UAP [111] was 2.4 times that of women. Adjusted to age and co-morbidity, this translates to

13% higher risk of myocardial infarction presenting with ST-elevations in men compared to women [112]. Incidence of myocardial infarction increases with age and data on differences in MI presentation in different age groups is mounting. Occurrence of NSTEMI appears to increase more rapidly with aging (61 % per 5-year increase in age) [111] than that of STEMI (41 % per 5year increase in age) [113].

Treatment with Evasin-3 abrogates neutrophil-mediated inflammation in mouse acute pancreatitis [114] (Federico Carbone and Fabrizio Montecucco)

In the two years following the publication of the study "Treatment with Evasin-3 abrogates neutrophil-mediated inflammation in mouse acute pancreatitis" [114], two studies confirmed our results about the chemokine up-regulation in mouse models of acute pancreatitis [115, 116]. Specifically, Merza and co-workers observed a 20-fold increase of CXCL2, whereas data from Yu and colleagues showed a rise of serum CXCL1 and CXCL2 in the pancreatic tissue by 3-fold and 8-fold, respectively.

With regard to the CXC chemokine inhibition with Evasin-3 as potential therapeutic strategy interferring with damages in acute pancreatitis and related pulmonary complications, we were unable to find any new evidence. However, in two studies pharmacological inhibition of chemokine expression was demonstrated to effectively reduce leukocyte infiltration in pancreatic and pulmonary tissues during an acute pancreatitis [115, 116]. Although further studies are required, CXC chemokine inhibition may be a promising approach in the treatmenet of acute pancreatitis [117].

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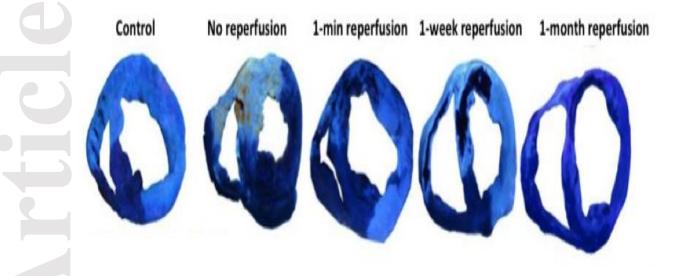
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**Figure 1** The dynamics of microvascular obstruction (MVO) in a controlled swine model of reperfused anterior myocardial infarction. Light blue represents the thioflavin-S myocardial uptake after infusion through the anterior descending coronary artery. Dark blue in the core of the perfused area indicates severe microvascular damage into the infarcted area, demonstrating the presence of MVO. This phenomenon was undetected during the ischemia period, while it appeared immediately after reperfusion, peaked after 1-week, and significantly decreased 1 month after reperfusion [9].



**Appendix** Statements made in the Conclusions of the Abstract of original articles published by the European Journal of Clinical Investigation in 2014 and current status for each statement as judged by the authors of each original study.

			Current sta	tus for the sta	itement	
Referen	ces Statements made in 2	014 n=22	Modified n=2	Weakened n=0	No new evidence n=5	Other n=1
[1]	p53 mRNA expression level inversely correlated with adiponectin, increase in epi adipose tissue of heart failu patients and can be regulate sympathetic activation path	cardial X re ed by				

	Dynamic changes in endothelial				
	cells viability occur in the setting of				
	ST-segment elevation myocardial				
	infarction patients reperfused with				
	primary coronary intervention,				
[7]	these changes peak late after	Х			
	reperfusion, they are mainly the				
	result of an increase of apoptosis				
	and are associated with the				
	presence of extensive myocardial				
	oedema.				
	Increased serum soluble CD36 is an				
[11]	independent factor associated with			Х	
[]	advanced steatosis in non-alcoholic				
	fatty liver disease.				
	Our study revealed a different				
	secretion pattern of gut-brain axis				
	hormones in children with coeliac	Х			
	disease compared with healthy				
[16]	controls.				
	The alterations in the axis were				
	more pronounced in children with				
	both coeliac disease and type 1			Х	
	diabetes mellitus.				
	diabetes menitas.				
	Serum irisin levels were higher in				
[22]	girls than in boys and correlated		X[*]		
	negatively with Homeostatic Model				
Ļ					

1		· · - ·	[	1	1
		Assessment – Insulin Resistance			
		(HOMA-IR).			
		This study reveals, for the first time,			
		delayed recovery of upper limb			
		muscle function in chronic fatigue			
		syndrome + fibromyalgia, but not in			
		chronic fatigue syndrome -only			
		patients. The results underline that			
		chronic fatigue syndrome is a			
	[27]	heterogeneous disorder suggesting	Х		
		that reducing the heterogeneity of			
Y		the disorder in future research is			
		important to make progress			
		towards a better understanding			
		and uncovering of mechanisms			
		regarding the nature of divers			
<b>U</b>		impairments in these patients.			
	)	In postmenopausal women with			
		newly diagnosed type 2 diabetes			
		mellitus, lifestyle modifications			
		alone or combined with metformin			
	[32]	produced comparable changes in	Х		
	[32]	adiponectin levels. Weight	Λ		
		reduction in patients treated with			
		metformin was associated with			
		significant decrease in %total body			
		fat but not in regional fat depots.			

	1				· · · · · · · · · · · · · · · · · · ·
	Parvovirus B19 DNA detected on				
	the balloon used for dilatation of				
	coronary stenosis before stent				
[20]	implantation is associated with	Х			
[38]	major adverse cardiac events rate	Λ			
	at follow-up, mainly due to				
	clinically driven target lesion				
	revascularization.				
	Simvastatin and bezafibrate				
	increase cholesterol efflux, parallel				
	to high density lipoprotein		X[**]		
	cholesterol and Apolipoprotein A1				
	responses.				
[44]					
	The antioxidative and anti-				
	inflammatory properties of high-				
	density lipoprotein are not to an			Х	
	important extent affected by these				
	therapeutic interventions.				
	Steroid therapy has no influence on				
	endothelial function but does				
	significantly improve carotid				
	intima-media thickness in giant-cell				
[49]	arteritis. This divergence of	Х			
	endothelial function and intima-				
	media thickness reflects the				
	specifity of giant-cell arteritis for				
	cerebrovascular arteries thereby				
L					

I						
		sparing the brachial arteries.				
		We show decreased serum retinol-				
		binding protein 4 levels in men in				
		the acute phase of acute-				
		myocardial-infarction, being this				
		decrease already detected in men	Х			
		with familial-hypercholesterolemia				
t		previous to the presentation of an				
Ì		ischaemic event.				
	[51]					
		The decrease in retinol-binding				
		protein 4 levels could confer an				
		increased susceptibility to the				
		precipitation of an ischaemic event	Х			
		that could be mediated by the				
		decrease in its vasculoprotective				
		properties through nitric oxide and				
		prostacyclin (PGI2).				
Ŧ	)	Residual thrombin generation				
		potential is inversely correlated				
		with protease-activated receptor-1				
	[55]	mediated platelet activation and			Х	
		linked to the occurrence of				
		atherothrombotic events in				
		patients with peripheral arterial				
		disease.				
	[57]	This pilot study showed a higher			Х	
	[2,]	early re-admission rate in patients			Δ	

	with heart failure due to ischaemic				
	heart disease.				
	In addition, the change in inferior				
	vena cava minimum diameter from				
	admission to discharge was the best				
	predictor of re-admission in	Х			
	patients with ischaemic heart				
	diseas.				
	Our results indicate that during the				
	early phase of streptozotocin-				
[(2]		V			
[62]	induced type 1 diabetes mellitus,	Х			
	the 14-3-3 proteins are affected in				
	an isoform- and tissue-specific way.				
	Our findings indicate that low				
	plasma concentrations of				
	cholesteryl ester transfer protein				
	might indeed lead to impaired high-				
	density lipoprotein function within				
[66]	the reverse cholesterol transport	Х			
	pointing towards an				
	atheroprotective role of cholesteryl				
	ester transfer protein at least in				
	patients with high risk of coronary				
	artery disease.				
	Duo otariol notariumetica a casti de				
[72]	Pro-atrial natriuretic peptide	Х			
[, 7]	(proANP) is elevated in cirrhosis.	Λ			
	Copeptin, proadrenomedullin and				
	1		<u> </u>		

		proANP are related to portal			
		pressure and seem associated with			
(1)		systemic haemodynamics. These			
		propeptides may participate in			
		development and perpetuation of			
		vasodilatation and hyperdynamic			
		circulation in cirrhosis.			
		Higher severity of chronic heart			
		failure is associated with reduced			
		levels of lipoxins. Plasma lipoxin A4	Х		
		(LXA4) appears to be a valuable			
		marker for risk stratification in			
	[77]	chronic heart failure.			
	[, ,]	Furthermore, the acetylsalicylic			
		acid-related increase in urinary 15-			
		epi-LXA4 suggests enhanced renal			
		synthesis of this eicosanoid and	Х		
		may represent a disregarded			
		benefit of acetylsalicylic acid.			
		These results suggest that the			
		magnitude of the flow mediated			
		dilation and its latency are both			
		important for identifying patients			
	[82]	at risk of cardiovascular disease.	Х		
		Subjects with a delayed though			
		significant vasodilation associated			
		with a blunted early response			
		exhibit the highest cardiovascular			

		risk.			
		In this study, we report for the first			
		time, urinary proteomic profile			
		analyses using capillary			
		electrophoresis-mass spectrometry			
		(CE-MS) in obstructive sleep			
		apnoea (OSA) and non-OSA obese			
		groups. The differences in urinary			
	[87]	proteomic profiles prior to	Х		
		adjustment for multiple testing,			
		with increased metabolic syndrome			
		in obese OSA subjects, suggest that			
		there may be a role for CE-MS in			
		characterising urinary profiles in			
		severely obese populations with			
		OSA.			
L		In patients with coronary artery			
		disease (CAD), dilated left			
		ventricular hypertrophy (LVH) and			
	[89]	nondilated LVH provide distinct	Х		
		prognostic information. Eccentric			
		nondilated LVH does not predict			
		adverse outcomes.			
		We conclude that high systemic			
		oxidative stress in obstructive sleep			
	[94]	apnea is reflected by increased			Х
		advanced oxidation protein			
		products without causing an			

		increase in ischaemia-modified			
		albumin.			
		Based on our results and the high			
		prevalence of multiple arteries, it			
		seems reasonable not to exclude			
		patients with multiple renal			
	[99]	arteries from renal denervation	Х		
	[,,]	(RDN). Current analysis suggests	Λ		
		that blood pressure (BP) reduction			
		may be less pronounced in patients			
		with multiple renal arteries of			
		whom not all arteries were treated			
		Recurrent thyroid cancers			
		expressed less intratumoural			
		microvessels than thyroid			
		adenomas. A high density of			
		peritumoural lymphatic vessels was			
+	[104]	found in recurrent papillary	Х		
	[104]	cancers. High blood vessel density	Λ		
		may be a marker for less aggressive			
		tumours, while high peritumoural			
P		lymphatic vasculature is a marker			
		for more aggressive and			
		recurrence-prone tumours.			
		Man have a tripled everall wish of CT			
		Men have a tripled overall risk of ST			
	[109]	segment elevation myocardial	Х		
		infarction (STEMI) compared with			
		women with highest relative risk in			

	younger adults. Incidence rate of STEMI increases by estimated 41% per 5-year increase in age.			
114]	Chemokine production and leucocyte infiltration are timely regulated in lung and pancreas during pancreatitis. CXC chemokine inhibition with Evasin-3 improved neutrophil inflammation and injury, potentially interfering with damages in acute pancreatitis and related pulmonary complications.	Х		

[\*] The correlation of serum irisin with insulin resistance is still controversial, at least in children, but the sexual dimorphism in irisin levels are reinforced with recent evidence.

[\*\*] Variable results have been published in part dependent on type of cell system, procedure to isolateHDL, specific statin and patient category.