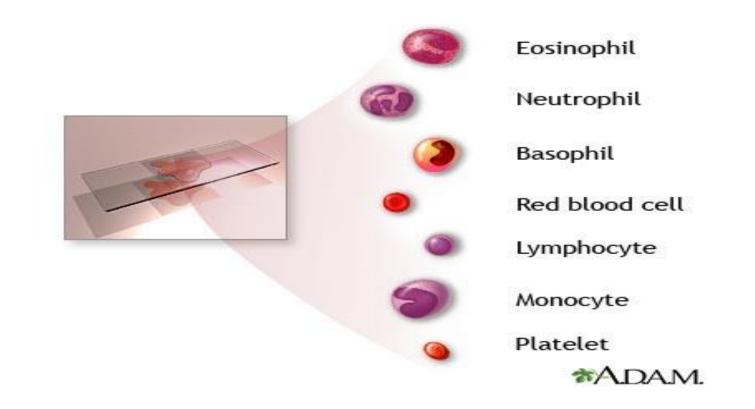


# **Complete Blood Count (CBC)**

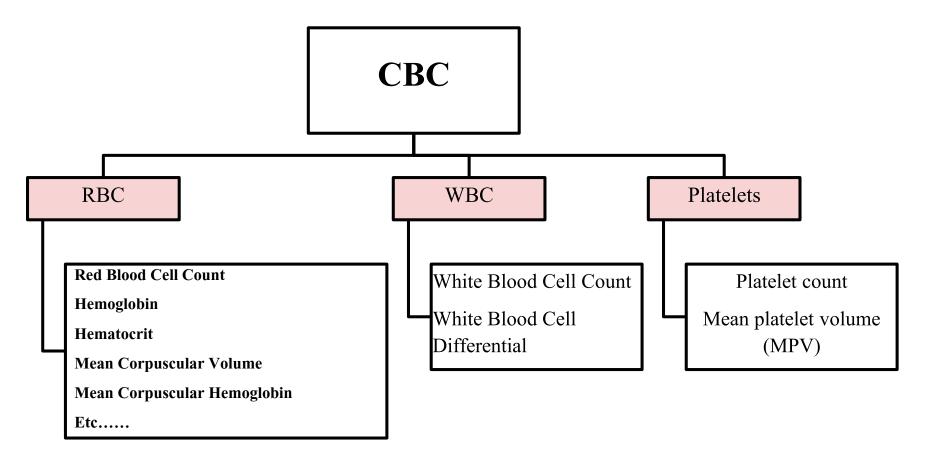




- 1. To estimate the number of RBC in blood sample
- 2. To estimate the number of total WBC in blood sample
- 3. To perform a differential count for a blood sample

# **COMPLETE BLOOD COUNT**

• **Complete Blood Count (CBC)** is a panel of tests that evaluates the three types of cells that circulate in the blood.

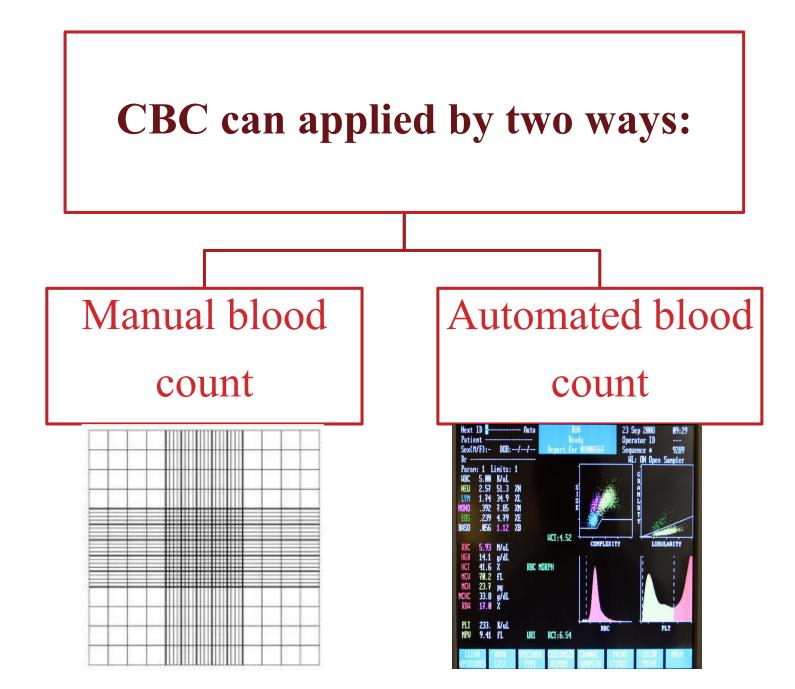


# When Is It Ordered

• When a person has any number of signs and symptoms that may be related to disorders that affect blood cells.

• When an individual has fatigue or weakness or has an infection, inflammation, bruising, or bleeding, a health practitioner may order a CBC to help diagnose the cause and/or determine its severity.

- When a person has been diagnosed with a disease known to affect blood cells, a CBC will often be ordered on a regular basis to monitor their condition.
- Some therapies, such as chemotherapy, can affect bone marrow production of cells. A CBC may be ordered on a regular basis to monitor these drug treatments.



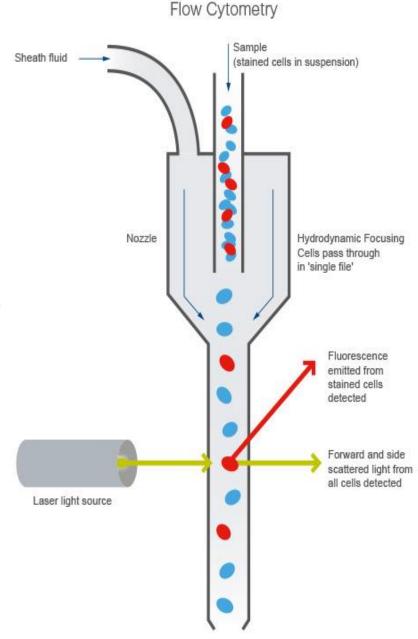
# **1-Automated Blood Count:**

• CBC is performed by an automated analyzer that counts

the numbers and types of different cells within the blood.

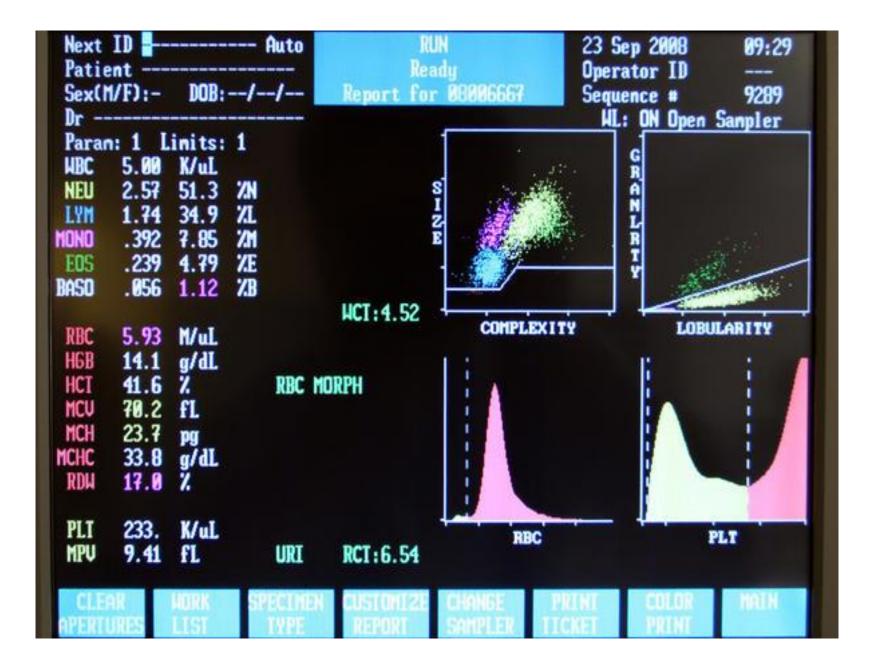
• It aspirates a very small amount of the sample through the narrow tubing. Within this tubing, there are sensors that count the number of cells going through it, and can

identify the type of cell; this is called *<u>flow-cytometry</u>*.









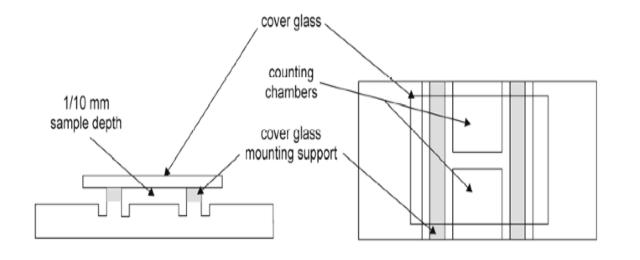
#### LOST RIVERS MEDICAL CENTER LABORATORY 551 HIGHLAND DRIVE, ARCO, IDAHO 83213 PH (208) 527-8206 x 119 FAX (208) 527-3791

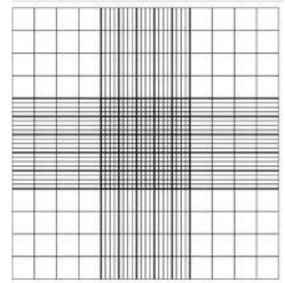
Patient: Patient #:	MALKIEWICZ, JU 120850JM	DITH A	Birth:	12/8/1950	Acc #: Fasting:	55276 UNKNOWN	
Doctor:	NON-STAFF		Age:	61 years	Collection Date:	2/22/2012 09:20	DZ
Home Phone:	(208)588-3977		Gender:	Female	Received in Lab: Destination DR	2/22/2012 09:20 OP SHULL/MYINT	DZ
Test Name		Result		Units	Flag	Reference Range	
CBC W/ 5 PAR	T DIFF. (X6)					Run by: TE	on 2/22/2012 09:33
WBC		2.1		K/uL		4.0 - 11.2	
RBC		4.15		M/uL		4.00 - 5.60	
HGB		13.5		gm/dL		12.0 - 16.0	
HCT		39.5		%VOL		35.0 - 50.0	
MCV		95		fl		82 - 98	
PLATELETS		172		K/uL		140 - 440	
MCH		32.6		pg		26.0 - 36.0	
MCHC		34.3		g/dL		27.0 - 36.0	
RDW		13.2		%		9.0 - 18.0	
MPV		7.3		fl		6.0 - 12.0	
NEU%		55.2		%		45.0 - 65.0	
LYMPH%		30.9		%		20.0 - 50.0	
MONO%		9.0		%		0.0 - 11.0	
EOS%		4.0		%		0.0 - 7.0	
BASO%		0.9		%		0.0 - 3.0	
NEUT#		1.17		K/uL		2.00 - 8.00	
LYMPH#		0.65		K/uL		1.80 - 4.80	
MONO#		0.19		K/uL		0.10 - 1.10	
EOS#		0.08		K/dl		0.00 - 0.80	
BASO#		0.02		K/dl		0.00 - 0.30	

# **2-Manual blood count**

• This measurement is made with a microscope and a specially ruled chamber

(hemocytometer) using <u>diluted blood</u>.





### Red blood count: (A)

- It is test done to determination the number of RBC in a sample of blood, also it evaluate the size and shape of RBC
- It is range from 4.2 5.5 million RBC per cubic millimeter (mm<sup>3</sup>)
- It is considered a very important indicator of a patient's health

### Low RBC count

## High RBC count

✓Anemia

✓ Acute or chronic blood loss

✓ Malnutrition

✓ Chronic inflammation

✓ Polycythemia

✓ Congenital heart disease

 $\checkmark$  Renal problem

## **Normally high (RBC count)**

 $\checkmark$  People who live at high altitudes

✓ Smokers

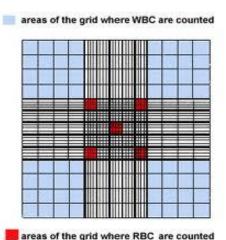
Oxygen is low→ RBC synthesis increases

#### **Principle :**

The process involves by counting cells in several squares of the grid and obtain an average number,

this number is multiply by a factor that compensates the amount of dilution. The final results

expresses the number of RBC /mm<sup>3</sup> of original blood sample.



## WBC count: (B)

- Total leukocytes count shows the number of WBC in a sample of blood .
- A normal WBC count is between 4,500 and 11,000 cells per cubic millimeter .
- The number of WBC is sometimes used to identify an infection or to monitor the body's response to treatment.

# Low WBC count → Leukopenia

 ✓ A Condition in which the number of leukocytes is abnormally low and which is most commonly due to sever infections (such as HIV) and radiation poisoning.

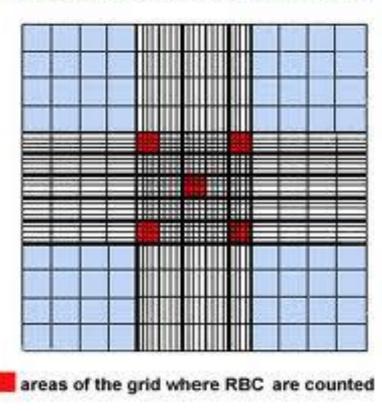
# High WBC count → Leukocytosis

- ✓ A condition characterized by an elevated the number of WBC occur as a result of an infection, or cancer (Leukemia).
- $\checkmark$  It can occur normally after eating fat-rich meals .

#### **Principle:**

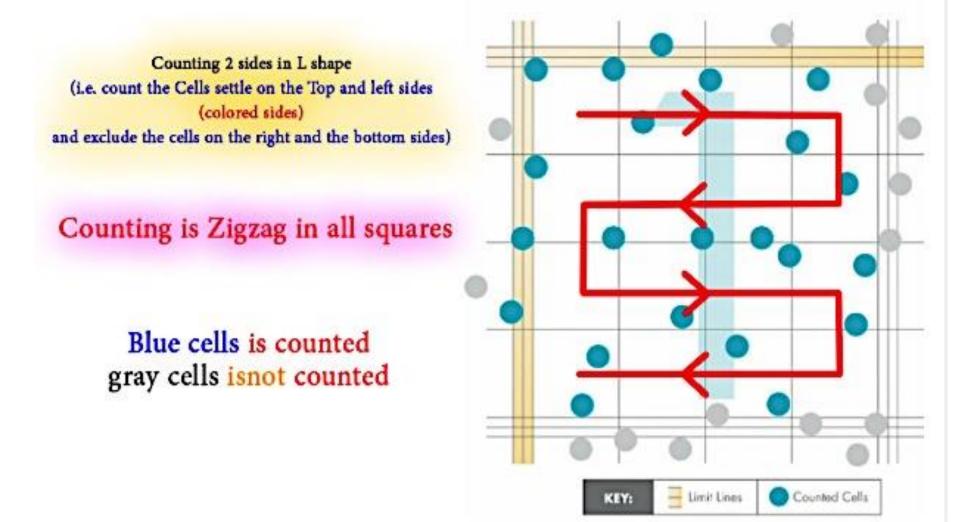
.

- It is necessary to obtain RBC free preparation of WBC from blood .
- Suspension of the red blood cell in a very hypotonic solution will lead to the destruction of RBC



#### areas of the grid where WBC are counted

# **HOW TO COUNT BLOOD CELLS**



# **Calculations:**

- ✓ RBC blood cell count ( 5 squares)
  - Find the sum of RBCs in 5 large squares, and divide it with 80 (5 X 16) small squares to find the average in one square, multiply it by 200 to allow for the dilution and then multiply by 4000 to obtain the number per cubic milliliter.
  - The sum of RBCs in 5 large squares = 84+71+63+93+83=394 cells.
  - The average of RBCs in one square= 394/80 = 4.9 cells.
  - **RBC count=**  $4.9 \ge 200 \ge 4000 = 4 \text{ million/mm}^3$ .
  - ✓ Normal range= 4.2-5 million/mm<sup>3</sup>

# ✓ WBC blood cell count ( 4 squares)

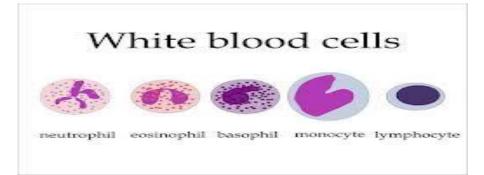
- Find the sum of WBCs in 4 large squares, and divide it with 64 (4 X 16) small squares to find the average in one square, multiply it by 20 to allow for the dilution and then multiply by 160 to obtain the number per cubic milliliter.
- The sum of WBCs in 4 large squares = 16+21+17+15=69 cells.
- The average of WBCs in one square= 69/64 = 1.07 cells.
- WBC count=  $1 \times 20 \times 160 = 3200 \text{ Cells/mm}^3$ .
- ✓ Normal range= 4500-11000 cells /mm<sup>3</sup>

## (C) Differential Count

• It determines the number of each type of WBC present in the blood

Class of White	White Cell		% of total white
Cells	Туре		cell population
	Polymorphonuclear	Neutrophils	40 – 75
Granulocytes	Granulocytes	Bashophiles	Approx. 1
	PMN	Eosinophils	1 – 6
	Monocytes		2-10
Non-granular	Lymphocytes		20-45
Leucocytes	Plasma cells		Ŏ

Ŏ: Rarely seen in blood, but present in the tissues.



### **Principle:**

• Classification of polymorphonuclear granulocytes (PMN) is based on the size , shape , number and staining characteristics of their granules .

### • Leishman's stain

- It is based on a mixture of methylene blue and eosin.
- It differentiates between WBC as indicated in the following table:

	Type of Cell	Colour of the Stain	
1	Neutrophils nuclei	Purple	
2	Eosinophil granules	Orange – Red	
3	Basophiles granules	Dark Blue	
4	Lymphocytes nuclei	Dark Purple	
5	Platelets granules	Violet	
6	RBC	Pink	