

Message from Chairman of the Conference



Dear Colleagues & Friends,

On behalf of my Colleagues Members of the Board of Directors of Pan Arab Osteoporosis Society (PAOS), I am pleased to invite you to attend the virtual two-day scientific conference in January 22 & 29, 2021 under the title “Improving Bone Health in Arab Countries”.

The conference is fully devoted to updates on major topics in field of bone and muscle disorders and provides an effective forum to discuss issues for interest in our practice. Also, it gives us a chance to interact with international and local experts in internal medicine, rheumatology, orthopedics, endocrinology, rehabilitation medicine and other specialties.

We wish you an enjoyable meeting and hope to continue working together to improve the field of Bone Health in our region.

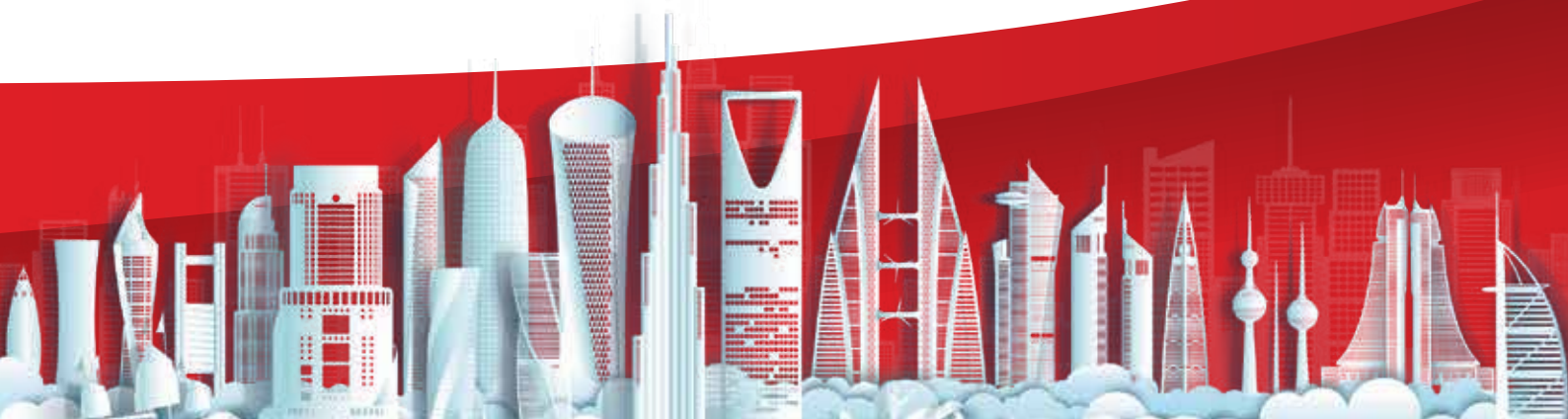
Accept my respect and appreciation.

Kind regards,

Nizar

Nizar Abdulateef

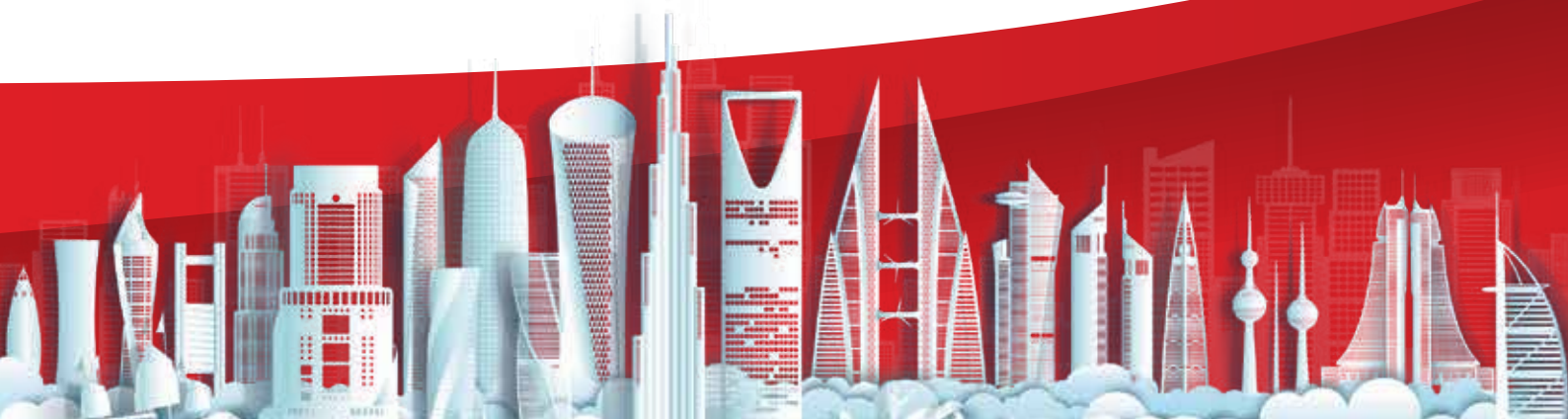
- Professor and Consultant Internist & Rheumatologist.
- President of Pan Arab Osteoporosis Society.
- President of Iraqi League for Bone and Joint Health.
- Chairman of the Conference.



AGENDA

Day 1: Friday, 22 January, 2021

Time	Subject	Speaker
15:00 – 15:05 PM	Welcome notes by PAOS President	Nizar Abdulateef (Iraq)
15:05 – 16:20 PM	Session – I / Moderator: Kamel Mroue (Lebanon)	
15:05 – 15:25 PM	Gaps in osteoporosis management in the Middle East	Gemma Adib (Syria)
15:25 – 15:45 PM	Muscle and bone disorders complicating COVID 19 infection: evidence available	Leith Zakraoui, Meriem Sallami (Tunisia)
15:45 – 15:55 PM	Abstract 1: Bariatric surgical intervention: Risk for fracture	Omar Alsaed (Qatar)
15:55 – 16:05 PM	Abstract 2: Stem cells as emerging therapy for osteoporosis	Mir Sadat Ali (KSA)
16:05 – 16:20 PM	Q & A	
16:20 – 16:25 PM	Break	
16:25 – 17:30 PM	Session –II / Moderator: Abdul Rahim Al Suhaili (UAE)	
16:25 – 16:45 PM	Management of Glucocorticoid Osteoporosis in 2021	Cyrus Cooper (UK)
16:45 – 17:05 PM	Diabetes mellitus: Osteoporosis and risk of fractures	Nadia Al Ali (Kuwait)
17:05 – 17:15 PM	Abstract 3: ACTH Modulates BMD among Postmenopausal Saudi Women with Type 2 DM	Shaun Sabico (KSA)
17:15 – 17:30 PM	Q & A	
17:30 – 18:00 PM	Satellite Symposium by Sponsor Moderator: Ali Otom (Jordan) The role of sequential therapy in the management of high fracture risk	Rene Rizzoli (Switzerland)
18:00 PM	Closure of Day 1	



AGENDA

Day 2: Friday, 29 January, 2021

Time	Subject	Speaker
15:00 – 15:05 PM	Welcome notes by PAOS President	Nizar Abdulateef (Iraq)
15:05 – 16:20 PM	Session III / Moderator: Ziad Al Zoubi (Jordan)	
15:05 – 15:25 PM	FRAX: re-adjust or re-think	Yasser El Meidany (Egypt)
15:25 – 15:45 PM	GCC consensus about osteoporosis management	Samar Al Emadi (Qatar)
15:45 – 15:55 PM	Abstract 4: Associations of Dietary and Serum Vitamin K with Undercarboxylated Osteocalcin and Bone Markers in Adult Saudi Females	Samaher Alsadhan (KSA)
15:55 – 16:05 PM	Abstract 5: Decreasing Prevalence of Vitamin D Deficiency in the Central Region of Saudi Arabia	Nasser Al-Daghri (KSA)
16:05 – 16:20 PM	Q & A	
16:20 – 16:25 PM	Break	
16:25 – 17:30 PM	Session IV / Moderator: Manal El Rakawi (Algeria)	
16:25 – 16:45 PM	Hereditary rare bone diseases: Registry from Iraq	Saja Baheer (Iraq)
16:45 – 17:05 PM	Exercise vs supplements for preventing falls	Mathias Toth (Germany)
17:05 – 17:15 PM	Abstract 6: Prevalence of Sarcopenia in Iraqi Patients with Ankylosing Spondylitis	Marwa Moayad (Iraq)
17:15 – 17:30 PM	Q & A	
17:30 – 18:00 PM	Satellite Symposium by Sponsor Moderator: Riad Sulaimani (KSA) Osteoporosis in the young: exclusion of secondary etiologies	Serge Ferrari (Switzerland)
18:00 PM	Closure of Day 2 & the Meeting	

