

put $r = x^2 + y^2 > 0$

Solution 1st method

If u is radial harmonic function on the unit ball of \mathbb{R}^2 we can write

$$u(x,y) = g(x^2 + y^2)$$

where $g: \mathbb{R}^+ \rightarrow \mathbb{R}$

We have $\partial_x u(x,y) = 2xg'(x^2+y^2)$

and $\partial_{xx} u(x,y) = 4x^2g''(x^2+y^2) + 2xg'(x^2+y^2)$

so $\Delta u = 4(x^2+y^2)g'' + 4g'(x^2+y^2)$

take $h = g'$, then for $r > 0$,

we have: $r h'(r) + h(r) = 0$

so $(r h(r))' = 0$

$r h(r) = c_1$ (constant)

If we want $h \neq 0$ in order to have g non constant we take $h(r) = \frac{c_1}{r}$ with $c_1 \neq 0$ and $r > 0$.

But h is not defined at 0 and so g cannot be defined at 0 so $h \equiv 0$. Then

g is constant and u is constant. As $B(0,1)$ connected region.

Second method

if u is harmonic then $\exists f$ holomorphic function that satisfies $\text{Re } f = u = \varphi$

and you can use Liouville's Theorem

and using the hypothesis that

u is radial